

## Wyniki

Miejsce	Numer	Imię	Nazwisko	Klub / miejscowość	Kraj	Rok	Kat.	Miejsce			PK1	PK2	PK3	Meta	Wynik	Czas netto
								kat.	M	K						
1	289	Piotr	Tomczyk	PRO366 / Poznań	POL	1987	M30	1	1		00:01:12 (1)	00:02:52 (1)	00:04:32 (2)	00:05:48 (1)	00:05:48	00:05:48
2	309	Marek	Dembiński	Wójtowicz TRI Team / Poznań	POL	1974	M40	1	2		00:01:21 (4)	00:02:54 (3)	00:04:30 (1)	00:05:58 (2)	00:05:58	00:05:58
3	384	Łukasz	Wieteki	Olkusz	POL	1984	M30	2	3		00:01:35 (34)	00:03:14 (8)	00:04:51 (4)	00:06:13 (3)	00:06:13	00:06:13
4	268	Grzegorz	Kujawa	Active Nekla / Nekla	POL	1976	M40	2	4		00:01:15 (2)	00:02:53 (2)	00:04:43 (3)	00:06:18 (4)	00:06:18	00:06:18
5	8	Paweł	Żurawka	Husaria Race Team / Batorowo	POL	1988	M18	1	5		00:01:20 (3)	00:03:07 (4)	00:04:55 (5)	00:06:22 (5)	00:06:22	00:06:22
6	47	Robert	Walczak	parkrun Poznań / Naramowice Biegają / Zielona Góra	POL	1980	M30	3	6		00:01:34 (30)	00:03:17 (13)	00:05:00 (7)	00:06:22 (6)	00:06:22	00:06:22
7	182	Przemysław	Woźny	Michorzewko	POL	1990	M18	2	7		00:01:26 (11)	00:03:20 (17)	00:05:04 (10)	00:06:32 (7)	00:06:32	00:06:32
8	216	Krzysztof	Purczyński	Bogucin	POL	1994	M18	3	8		00:01:37 (45)	00:03:13 (7)	00:04:58 (6)	00:06:35 (8)	00:06:35	00:06:35
9	34	Maciej	Stefaniak	Grand Casino Poznań / Poznań	POL	1988	M18	4	9		00:01:31 (21)	00:03:16 (11)	00:05:00 (8)	00:06:37 (9)	00:06:37	00:06:37
10	209	Jakub	Kielek	Zawiani Kolobrzeg / Kolobrzeg	POL	1992	M18	5	10		00:01:34 (31)	00:03:18 (15)	00:05:01 (9)	00:06:39 (10)	00:06:39	00:06:39
11	362	Tomasz	Wojdat	Wódka Mocni Poznań / Dąbrówka	POL	1992	M18	6	11		00:01:33 (27)	00:03:10 (5)	00:05:06 (11)	00:06:46 (11)	00:06:46	00:06:46
12	367	Maciej	Petza	montemoro.pl / Poznań	POL	1966	M50	1	12		00:01:32 (24)	00:03:10 (6)	00:05:07 (12)	00:06:56 (12)	00:06:56	00:06:56
13	116	Piotr	Roszyk	Złotniki / Złotniki	POL	1998	M18	7	13		00:01:29 (17)	00:03:19 (16)	00:05:13 (13)	00:06:59 (13)	00:06:59	00:06:59
14	382	Stawomir	Kawecki	Motiv home team / Komorniki	POL	1981	M30	4	14		00:01:40 (60)	00:03:20 (18)	00:05:14 (14)	00:07:02 (14)	00:07:02	00:07:02
15	372	Michał	Leśniak	Beer Brothers / Poznań	POL	1984	M30	5	15		00:01:39 (55)	00:03:20 (19)	00:05:19 (17)	00:07:03 (15)	00:07:03	00:07:03
16	273	Mateusz	Jackowski	Real Madryt / Nekla	POL	1978	M30	6	16		00:01:26 (12)	00:03:14 (9)	00:05:22 (19)	00:07:05 (16)	00:07:05	00:07:05
17	87	Jacek	Broński-Jankowski	stx / Poznan	POL	1991	M18	8	17		00:01:47 (95)	00:03:28 (35)	00:05:14 (15)	00:07:06 (17)	00:07:06	00:07:06
18	82	Robert	Fenrych	niece / Poznań	POL	1973	M40	3	18		00:01:25 (7)	00:03:17 (14)	00:05:16 (16)	00:07:10 (18)	00:07:10	00:07:10
19	183	Wiktor	Bakalarski	Piątkowo na biegowo / Poznań	POL	1986	M30	7	19		00:01:44 (84)	00:03:32 (38)	00:05:25 (20)	00:07:12 (19)	00:07:12	00:07:12
20	157	Rafał	Hofmański	Wojownicy Wody / Kotlin	POL	1988	M18	9	20		00:01:25 (8)	00:03:14 (10)	00:05:27 (25)	00:07:17 (20)	00:07:17	00:07:17
21	67	Mariusz	Misiewicz	Wrocław	POL	1983	M30	8	21		00:01:35 (35)	00:03:26 (32)	00:05:26 (22)	00:07:18 (21)	00:07:18	00:07:18
22	89	Aleksander	Szymański	Oleksy Biega / Luboń	POL	1972	M40	4	22		00:01:36 (39)	00:03:25 (30)	00:05:27 (26)	00:07:22 (22)	00:07:22	00:07:22
23	215	Robert	Stachowicz	Ejbry / Poznań	POL	1977	M40	5	23		00:01:40 (61)	00:03:34 (40)	00:05:36 (30)	00:07:23 (23)	00:07:23	00:07:23
24	162	Marcin	Ratajczak	Wojownicy Wody / Kotlin	POL	1982	M30	9	24		00:01:39 (56)	00:03:33 (39)	00:05:31 (28)	00:07:27 (24)	00:07:27	00:07:27
25	287	Piotr	Wypijewski	Carp team Poznań / Poznań	POL	1990	M18	10	25		00:01:25 (9)	00:03:22 (26)	00:05:21 (18)	00:07:32 (25)	00:07:32	00:07:32
26	109	Bartosz	Ciechanowicz	Poznań / Poznań	POL	1986	M30	10	26		00:01:24 (6)	00:03:16 (12)	00:05:26 (23)	00:07:32 (26)	00:07:32	00:07:32
27	48	Dawid	Zdanowski	Wkurw_team / Poznań	POL	1991	M18	11	27		00:01:42 (69)	00:03:27 (34)	00:05:40 (34)	00:07:34 (27)	00:07:34	00:07:34
28	38	Mateusz	Barłów	Dnipro Posen / Poznań	POL	1992	M18	12	28		00:01:27 (14)	00:03:29 (37)	00:05:44 (36)	00:07:35 (28)	00:07:35	00:07:35
29	379	Jarosław	Baraniak	Motiv home team / Mosina	POL	1983	M30	11	29		00:01:40 (62)	00:03:25 (31)	00:05:26 (24)	00:07:38 (29)	00:07:38	00:07:38
30	360	Rafał	Skrzypczak	Wuef Tri Team / Tarnowo Podgórne	POL	1977	M40	6	30		00:01:51 (107)	00:03:46 (57)	00:05:51 (40)	00:07:41 (30)	00:07:41	00:07:41
31	1	Marcin	Michalik	KP Poznań - Grunwald / Poznań	POL	1987	M30	12	31		00:01:22 (5)	00:03:20 (20)	00:05:37 (31)	00:07:42 (31)	00:07:42	00:07:42
32	260	Piotr	Ostrowicki	KĘSY TEAM / Poznań	POL	1971	M40	7	32		00:01:43 (77)	00:03:40 (47)	00:05:52 (41)	00:07:42 (32)	00:07:42	00:07:42
33	272	Grzegorz	Sibiński	Kamionki	POL	1975	M40	8	33		00:01:37 (46)	00:03:23 (28)	00:05:37 (32)	00:07:45 (33)	00:07:45	00:07:45
34	378	Andrzej	Kluczyński	Pobiedziska Running Team / Pobiedziska	POL	1990	M18	13	34		00:01:37 (47)	00:03:20 (21)	00:05:25 (21)	00:07:47 (34)	00:07:47	00:07:47
35	124	Jerzy	Roszyk	Maratończyk Poznań / Złotniki	POL	1960	M50	2	35		00:01:30 (19)	00:03:24 (29)	00:05:42 (35)	00:07:47 (35)	00:07:47	00:07:47
36	279	Piotr	Popowicz	POPKI TEAM / Buk	POL	1992	M18	14	36		00:02:03 (147)	00:03:55 (78)	00:06:00 (45)	00:07:53 (36)	00:07:53	00:07:53
37	208	Dominik	Wnuk	Zawiani Kolobrzeg / Kolobrzeg	POL	1992	M18	15	37		00:01:27 (15)	00:03:20 (22)	00:05:28 (27)	00:07:54 (37)	00:07:54	00:07:54
38	283	Damian	Świdroń	Carp team Poznań / Poznań	POL	1989	M18	16	38		00:01:26 (13)	00:03:26 (33)	00:05:38 (33)	00:07:57 (38)	00:07:57	00:07:57

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								kat.	M	K						
39	282	Grzegorz	Stachowiak	Carp team Poznań / Poznań	POL	1989	M18	17	39		00:01:36 (40)	00:03:36 (43)	00:05:52 (42)	00:07:57 (39)	00:07:57	00:07:57
40	58	Jan	Kustoń	Trzej Muszkieterowie / Poznań	POL	1987	M30	13	40		00:01:45 (90)	00:03:51 (67)	00:06:03 (46)	00:07:58 (40)	00:07:58	00:07:58
41	263	Tadeusz	Kowalczyk	Otorowo	POL	1965	M50	3	41		00:01:44 (85)	00:03:42 (49)	00:06:04 (48)	00:08:01 (41)	00:08:01	00:08:01
42	5	Dawid	Baranowski	Kung-Fu Małpy od chłania do biegania / Zalasewo	POL	1983	M30	14	42		00:01:44 (86)	00:03:51 (68)	00:06:17 (57)	00:08:06 (42)	00:08:06	00:08:06
43	160	Lukasz	Wasytyk	Czarnków	POL	1979	M30	15	43		00:01:39 (57)	00:03:34 (41)	00:05:46 (38)	00:08:06 (43)	00:08:06	00:08:06
44	113	Michał	Dylewski	Sprinterzy Sigmeo / Kazimierz Biskupi	POL	1992	M18	18	44		00:01:30 (20)	00:03:20 (23)	00:05:50 (39)	00:08:06 (44)	00:08:06	00:08:06
45	288	Marcin	Musiał	Daj piontaka / Kórnik	POL	1991	M18	19	45		00:01:35 (36)	00:03:34 (42)	00:05:57 (43)	00:08:08 (45)	00:08:08	00:08:08
46	31	Aleksander	Szczepeński	Poznań	POL	1987	M30	16	46		00:01:55 (125)	00:04:00 (88)	00:06:16 (56)	00:08:09 (46)	00:08:09	00:08:09
47	51	Paweł	Bednarczyk	Centrala Piwna / Poznań	POL	1988	M18	20	47		00:01:33 (28)	00:03:20 (24)	00:05:34 (29)	00:08:09 (47)	00:08:09	00:08:09
48	168	Marek	Włoszyński	1972 / Luboń	POL	1972	M40	9	48		00:01:33 (29)	00:03:40 (48)	00:06:05 (49)	00:08:12 (48)	00:08:12	00:08:12
49	323	Michał	Szymański	1996 / Czempień	POL	1996	M18	21	49		00:01:53 (113)	00:03:52 (72)	00:06:03 (47)	00:08:15 (49)	00:08:15	00:08:15
50	16	Piotr	Przeczewski	Poznań	POL	1982	M30	17	50		00:01:36 (41)	00:03:49 (64)	00:06:10 (52)	00:08:16 (50)	00:08:16	00:08:16
51	310	Krzysztof	Brudło	Husaria Race Team / Poznań	POL	1987	M30	18	51		00:01:44 (87)	00:03:44 (53)	00:05:59 (44)	00:08:16 (51)	00:08:16	00:08:16
52	117	Bartosz	Ławecki	Leszno	POL	1995	M18	22	52		00:01:39 (58)	00:03:52 (73)	00:06:14 (55)	00:08:16 (52)	00:08:16	00:08:16
53	54	Grzegorz	Bandur	KB Maniac Poznań Bar / Poznań	POL	1988	M18	23	53		00:01:41 (64)	00:03:42 (50)	00:06:26 (68)	00:08:17 (53)	00:08:17	00:08:17
54	317	Przemysław	Budniak	Dąbrowka	POL	1980	M30	19	54		00:01:25 (10)	00:03:20 (25)	00:05:44 (37)	00:08:21 (54)	00:08:21	00:08:21
55	177	Piotr	Wygralak	Drużyna Szpiku / Poznań	POL	1986	M30	20	55		00:01:42 (70)	00:03:51 (69)	00:06:11 (54)	00:08:24 (55)	00:08:24	00:08:24
56	61	Krzysztof	Orzoł	Beer and run / Poznań	POL	1991	M18	24	56		00:01:37 (48)	00:03:36 (44)	00:06:08 (51)	00:08:27 (56)	00:08:27	00:08:27
57	32	Paweł	Świdniewicz	KSC / Kraków	POL	1983	M30	21	57		00:01:36 (42)	00:03:42 (51)	00:06:18 (61)	00:08:27 (57)	00:08:27	00:08:27
58	114	Michał	Woźniak	Wilkowyja	POL	1995	M18	25	58		00:01:32 (25)	00:03:45 (54)	00:06:05 (50)	00:08:32 (58)	00:08:32	00:08:32
59	262	Michał	Rubiś	FC Rubol / Gowarzewo	POL	1984	M30	22	59		00:02:15 (190)	00:04:22 (129)	00:06:36 (80)	00:08:37 (59)	00:08:37	00:08:37
60	41	Rafał	Panas	Janczewo	POL	1996	M18	26	60		00:01:35 (37)	00:03:47 (59)	00:06:10 (53)	00:08:38 (60)	00:08:38	00:08:38
61	373	Patrycja	Talar	Runnersworld Poznań/KB UE Poznań / Pobjedziska	POL	1986	K30	1		1	00:01:49 (102)	00:03:54 (76)	00:06:31 (76)	00:08:40 (61)	00:08:40	00:08:40
62	50	Magdalena	Sobolewska	Kamionki	POL	1988	K18	1		2	00:01:43 (78)	00:03:59 (86)	00:06:29 (72)	00:08:40 (62)	00:08:40	00:08:40
63	266	Marcin	Basiński	PRO366 / Paczkowo	POL	1974	M40	10	61		00:01:49 (103)	00:03:57 (82)	00:06:37 (81)	00:08:43 (63)	00:08:43	00:08:43
64	60	Piotr	Matuszczak	Trzej Muszkieterowie / Poznań	POL	1987	M30	23	62		00:01:42 (71)	00:03:54 (77)	00:06:30 (73)	00:08:45 (64)	00:08:45	00:08:45
65	277	Krzysztof	Przewoźny	POPKI TEAM / Buk	POL	1968	M40	11	63		00:01:57 (131)	00:04:03 (93)	00:06:25 (66)	00:08:56 (65)	00:08:56	00:08:56
66	164	Maciej	Machowiak	Poznań	POL	1972	M40	12	64		00:01:47 (96)	00:04:07 (98)	00:06:43 (85)	00:08:57 (66)	00:08:57	00:08:57
67	270	Żaneta	Obara	Active Nekla / NEKLA	POL	1976	K40	1		3	00:01:43 (79)	00:03:48 (63)	00:06:17 (58)	00:08:57 (67)	00:08:57	00:08:57
68	173	Jacek	Karaś	Centrala Piwna / Poznań	POL	1979	M30	24	65		00:01:54 (119)	00:04:07 (99)	00:06:38 (82)	00:08:58 (68)	00:08:58	00:08:58
69	385	Damian	Jącyński	Więcbork	POL	1994	M18	27	66		00:01:41 (65)	00:03:51 (70)	00:06:22 (63)	00:08:59 (69)	00:08:59	00:08:59
70	122	Mateusz	Chrzanowski	Gorzów Wielkopolski	POL	1996	M18	28	67		00:01:44 (88)	00:04:01 (92)	00:06:27 (69)	00:08:59 (70)	00:08:59	00:08:59
71	380	Błażej	Łaganowski	Hernik Team / Siekierki Wielkie	POL	1990	M18	29	68		00:01:55 (126)	00:04:12 (105)	00:06:42 (84)	00:08:59 (71)	00:08:59	00:08:59
72	307	Marcel	Chrapkowski	Fajansiarze / Włocławek	POL	1983	M30	25	69		00:02:00 (137)	00:04:07 (100)	00:06:21 (62)	00:08:59 (72)	00:08:59	00:08:59
73	21	Marcin	Szwarc	Sierosławskie Dzikie / Lusówko	POL	1981	M30	26	70		00:01:38 (50)	00:03:57 (83)	00:06:23 (65)	00:09:00 (73)	00:09:00	00:09:00
74	375	Michał	Dudkowiak	Random Drinkers Team / Toruń	POL	1984	M30	27	71		00:01:38 (51)	00:03:45 (55)	00:06:17 (59)	00:09:01 (74)	00:09:01	00:09:01
75	155	Tomasz	Mańkowski	Wojownicy Wody / Witaszyce	POL	1991	M18	30	72		00:01:43 (80)	00:03:42 (52)	00:06:22 (64)	00:09:05 (75)	00:09:05	00:09:05

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Miejsce	Numer	Imię	Nazwisko	Klub / miejscowość	Kraj	Rok	Kat.	Miejsce			PK1	PK2	PK3	Meta	Wynik	Czas netto
								kat.	M	K						
76	258	Marcin	Michalak	Poznań	POL	1986	M30	28	73		00:01:48 (98)	00:04:05 (95)	00:06:31 (77)	00:09:08 (76)	00:09:08	00:09:08
77	170	Konrad	Pluta	Tu pies nuszka / Jarocin	POL	1990	M18	31	74		00:01:56 (128)	00:04:16 (112)	00:06:41 (83)	00:09:10 (77)	00:09:10	00:09:10
78	131	Marek	Marciniak	wolny / WRZEŚNIA	POL	1974	M40	13	75		00:01:56 (129)	00:04:13 (106)	00:06:47 (88)	00:09:12 (78)	00:09:12	00:09:12
79	271	Marcin	Sibiński	ZALASEWO	POL	1982	M30	29	76		00:01:32 (26)	00:03:22 (27)	00:06:17 (60)	00:09:13 (79)	00:09:13	00:09:13
80	391	Antoni	Koch	Śrem	POL	1961	M50	4	77		00:01:57 (132)	00:04:16 (113)	00:06:53 (95)	00:09:16 (80)	00:09:16	00:09:16
81	129	Szymon	Dembski	Poznań	POL	1983	M30	30	78		00:02:13 (184)	00:04:27 (136)	00:07:04 (109)	00:09:16 (81)	00:09:16	00:09:16
82	227	Maciej	Mazurczak	AVENGERS / ATARI TEAM / Poznań	POL	1971	M40	14	79		00:02:01 (140)	00:04:14 (109)	00:06:49 (90)	00:09:20 (82)	00:09:20	00:09:20
83	4	Mateusz	Sobek	Kung fu małpy - od chłania do biegania / Strykowo	POL	1987	M30	31	80		00:01:53 (114)	00:04:15 (110)	00:06:50 (92)	00:09:20 (83)	00:09:20	00:09:20
84	71	Marek	Młynikowski	Młynki / Swarzędz	POL	1975	M40	15	81		00:02:08 (168)	00:04:26 (134)	00:06:55 (97)	00:09:22 (84)	00:09:22	00:09:22
85	206	Dorota	Zowczak	Poznań	POL	1983	K30	2		4	00:01:48 (99)	00:04:04 (94)	00:06:55 (98)	00:09:22 (85)	00:09:22	00:09:22
86	171	Jarek	Występski	Tanibórz	POL	1979	M30	32	82		00:01:36 (43)	00:03:47 (60)	00:06:28 (71)	00:09:22 (86)	00:09:22	00:09:22
87	55	Paweł	Walczak	Beer and run / Poznań	POL	1987	M30	33	83		00:01:31 (22)	00:03:50 (66)	00:06:44 (86)	00:09:22 (87)	00:09:22	00:09:22
88	172	Maciej	Sobkowiak	Poznań	POL	1980	M30	34	84		00:01:34 (32)	00:03:47 (61)	00:06:30 (74)	00:09:22 (88)	00:09:22	00:09:22
89	163	Krzysztof	Obstalecki	Wojownicy Wody / Kotlin	POL	1981	M30	35	85		00:01:49 (104)	00:04:00 (89)	00:06:47 (89)	00:09:23 (89)	00:09:23	00:09:23
90	363	Damian	Tomasz	D&W / Poznań	POL	1990	M18	32	86		00:02:07 (164)	00:04:30 (138)	00:07:03 (108)	00:09:25 (90)	00:09:25	00:09:25
91	6	Piotr	Ciszewski	Dnipro Posen / Poznań	POL	1992	M18	33	87		00:01:35 (38)	00:03:52 (74)	00:06:44 (87)	00:09:25 (91)	00:09:25	00:09:25
92	364	Robert	Śniegocki	Środa Wlkp.	POL	1975	M40	16	88		00:02:08 (169)	00:04:31 (140)	00:07:04 (110)	00:09:26 (92)	00:09:26	00:09:26
93	81	Błażej	Meller	nieee / Poznań	POL	1984	M30	36	89		00:01:39 (59)	00:03:56 (81)	00:06:57 (101)	00:09:30 (93)	00:09:30	00:09:30
94	11	Andrzej	Kozera	33 BLTr / Września	POL	1971	M40	17	90		00:01:54 (120)	00:04:07 (101)	00:06:53 (96)	00:09:30 (94)	00:09:30	00:09:30
95	115	Krzysztof	Cieloch	Poznań	POL	1989	M18	34	91		00:01:42 (72)	00:03:55 (79)	00:06:52 (94)	00:09:32 (95)	00:09:32	00:09:32
96	184	Szymon	Sieracki	Poznań	POL	1988	M18	35	92		00:02:07 (165)	00:04:31 (141)	00:07:07 (113)	00:09:34 (96)	00:09:34	00:09:34
97	214	Arkadiusz	Bednarek	Urzędnik też Człowiek, pić musi... / Poznań	POL	1977	M40	18	93		00:02:10 (175)	00:04:35 (143)	00:07:18 (122)	00:09:34 (97)	00:09:34	00:09:34
98	212	Łukasz	Lech	Urzędnik też Człowiek, pić musi... / Murowana Goślina	POL	1990	M18	36	94		00:02:09 (171)	00:04:35 (144)	00:07:18 (123)	00:09:34 (98)	00:09:34	00:09:34
99	106	Zuzanna	Harabasz-Matuszak	Piwomaniacy / Poznań	POL	1990	K18	2		5	00:02:13 (185)	00:04:47 (164)	00:07:26 (131)	00:09:36 (99)	00:09:36	00:09:36
100	53	Przemysław	Sobieniak	POZNAŃ	POL	1977	M40	19	95		00:02:24 (213)	00:04:47 (165)	00:07:30 (132)	00:09:43 (100)	00:09:43	00:09:43
101	308	Paweł	Krasin	Kasia i Paweł Team / Poznań	POL	1986	M30	37	96		00:02:05 (157)	00:04:21 (127)	00:07:05 (111)	00:09:44 (101)	00:09:44	00:09:44
102	105	Tomasz	Matuszak	Piwomaniacy / Poznań	POL	1984	M30	38	97		00:01:51 (108)	00:04:17 (117)	00:07:12 (118)	00:09:46 (102)	00:09:46	00:09:46
103	387	Bartosz	Stachowicz	Ejbry / Poznań	POL	1986	M30	39	98		00:01:52 (111)	00:04:16 (114)	00:07:08 (114)	00:09:55 (103)	00:09:55	00:09:55
104	358	Bartłomiej	Monczyński	Smashing Papkins / #OwocBiega / Poznań	POL	1979	M30	40	99		00:01:42 (73)	00:03:49 (65)	00:07:10 (115)	00:09:59 (104)	00:09:59	00:09:59
105	390	Paweł	Choromański	Łomża	POL	1987	M30	41	100		00:01:38 (52)	00:03:55 (80)	00:06:34 (79)	00:09:59 (105)	00:09:59	00:09:59
106	386	Marcin	Świdorski	Poznań	POL	1983	M30	42	101		00:02:11 (178)	00:04:46 (163)	00:07:40 (137)	00:10:01 (106)	00:10:01	00:10:01
107	120	Michał	Piaskowski	OGRY JAWOR / Jawor	POL	1996	M18	37	102		00:02:02 (145)	00:04:37 (147)	00:07:23 (128)	00:10:02 (107)	00:10:02	00:10:02
108	10	Marcin	Maslowski	Gorzów Team / GORZÓW WLKP	POL	1976	M40	20	103		00:01:59 (134)	00:04:24 (131)	00:07:11 (117)	00:10:02 (108)	00:10:02	00:10:02
109	159	Iwona	Stec	Wilkowice	POL	1990	K18	3		6	00:01:48 (100)	00:04:26 (135)	00:07:21 (126)	00:10:02 (109)	00:10:02	00:10:02
110	104	Michał	Chrostek	Piwomaniacy / Poznań	POL	1987	M30	43	104		00:02:00 (138)	00:04:06 (96)	00:07:12 (119)	00:10:05 (110)	00:10:05	00:10:05
111	30	Tomasz	Tonder	Kung fu małpy od chłania do biegania / Swarzedz	POL	1987	M30	44	105		00:01:47 (97)	00:04:06 (97)	00:07:06 (112)	00:10:06 (111)	00:10:06	00:10:06
112	132	Filip	Andrzejczak	Flow Agency / Poznań	POL	1992	M18	38	106		00:02:03 (148)	00:04:15 (111)	00:06:58 (102)	00:10:07 (112)	00:10:07	00:10:07

## Wyniki

Miejsce	Numer	Imię	Nazwisko	Klub / miejscowość	Kraj	Rok	Kat.	Miejsce			PK1	PK2	PK3	Meta	Wynik	Czas netto
								kat.	M	K						
113	388	Anna	Zajdek	Flow Agency / Warszawa	POL	1992	K18	4		7	00:02:03 (149)	00:04:13 (107)	00:06:55 (99)	00:10:07 (113)	00:10:07	00:10:07
114	110	Łukasz	Wolff	Sprinterzy Sigmeo / Lubiszyn	POL	1986	M30	45	107		00:02:03 (150)	00:04:13 (108)	00:06:55 (100)	00:10:07 (114)	00:10:07	00:10:07
115	156	Michał	Nowak	Wojownicy Wódy / Witaszyce	POL	1991	M18	39	108		00:01:59 (135)	00:04:17 (118)	00:06:59 (103)	00:10:16 (115)	00:10:16	00:10:16
116	18	Daniel	Pieprzycki	Dnipro Posen / Czapury	POL	1998	M18	40	109		00:01:51 (109)	00:03:58 (85)	00:06:30 (75)	00:10:20 (116)	00:10:20	00:10:20
117	3	Michał	Kaczmarek	1982 / Wiry	POL	1982	M30	46	110		00:02:11 (179)	00:04:41 (156)	00:07:36 (135)	00:10:23 (117)	00:10:23	00:10:23
118	211	Maciej	Krysztofiak	Urzędnik też Człowiek, pić musi... / Murowana Goślina	POL	1989	M18	41	111		00:02:09 (172)	00:04:38 (153)	00:07:53 (153)	00:10:24 (118)	00:10:24	00:10:24
119	108	Marcin	Matyjaszczyk	ja tylko po browara... / Suchy Las	POL	1989	M18	42	112		00:02:03 (151)	00:04:36 (145)	00:07:25 (129)	00:10:28 (119)	00:10:28	00:10:28
120	36	Mateusz	Furmaniak	Husaria Race Team / Poznań	POL	1989	M18	43	113		00:01:28 (16)	00:03:28 (36)	00:06:25 (67)	00:10:30 (120)	00:10:30	00:10:30
121	392	Paweł	Nawrocki	Lwówek	POL	1992	M18	44	114		00:01:37 (49)	00:03:51 (71)	00:06:49 (91)	00:10:31 (121)	00:10:31	00:10:31
122	161	Aleksander	Szymański	Pobiedziska	POL	1976	M40	21	115		00:02:44 (241)	00:05:27 (217)	00:08:07 (162)	00:10:31 (122)	00:10:31	00:10:31
123	365	Paweł	Matuszewski	Nachmieleni / Krzemieniewo	POL	1994	M18	45	116		00:01:41 (66)	00:04:18 (124)	00:07:21 (127)	00:10:35 (123)	00:10:35	00:10:35
124	167	Bartosz	Kownacki	Trzebiatów	POL	1981	M30	47	117		00:02:09 (173)	00:04:50 (172)	00:08:01 (156)	00:10:36 (124)	00:10:36	00:10:36
125	90	Andrzej	Smyk	Bukowski klub biegacza / Opalenica	POL	1969	M40	22	118		00:02:00 (139)	00:04:37 (148)	00:07:46 (144)	00:10:38 (125)	00:10:38	00:10:38
126	20	Tomasz	Rejmer	Suchy Las	POL	1997	M18	46	119		00:01:53 (115)	00:04:17 (119)	00:07:34 (134)	00:10:38 (126)	00:10:38	00:10:38
127	23	Tobiasz	Kaczmarek	Plewiska	POL	1997	M18	47	120		00:01:54 (121)	00:04:16 (115)	00:07:45 (143)	00:10:38 (127)	00:10:38	00:10:38
128	205	Jędrzej	Kaczmarek	Kowalew	POL	1994	M18	48	121		00:01:43 (81)	00:03:45 (56)	00:07:10 (116)	00:10:40 (128)	00:10:40	00:10:40
129	17	Wiesław	Brodziszewski	Brodex Team Swarzędz / Swarzędz	POL	1959	M50	5	122		00:02:05 (158)	00:04:36 (146)	00:07:44 (141)	00:10:42 (129)	00:10:42	00:10:42
130	15	Adam	Zawada	Brodex Team Swarzędz / Gruszczyn	POL	1972	M40	23	123		00:02:04 (153)	00:04:34 (142)	00:07:42 (140)	00:10:42 (130)	00:10:42	00:10:42
131	73	Maciej	Pawlak	ZIMNY PILS / Poznan	POL	1987	M30	48	124		00:01:38 (53)	00:03:57 (84)	00:07:36 (136)	00:10:44 (131)	00:10:44	00:10:44
132	318	Michał	Janicki	Defenders of True Metal / Puszczykowo	POL	1987	M30	49	125		00:02:01 (141)	00:04:17 (120)	00:07:01 (105)	00:10:46 (132)	00:10:46	00:10:46
133	72	Piotr	Wasiński	ZIMNY PILS / Dolsk	POL	1985	M30	50	126		00:01:43 (82)	00:04:25 (133)	00:07:47 (146)	00:10:46 (133)	00:10:46	00:10:46
134	319	Michał	Arnold	Defenders of True Metal / Poznań	POL	1990	M18	49	127		00:02:01 (142)	00:04:17 (121)	00:07:01 (106)	00:10:46 (134)	00:10:46	00:10:46
135	118	Konrad	Spychalski	Wartkowo	POL	1995	M18	50	128		00:01:44 (89)	00:04:10 (103)	00:07:17 (121)	00:10:48 (135)	00:10:48	00:10:48
136	210	Piotr	Hildebrandt	Urzędnik też Człowiek, pić musi... / Murowana Goślina	POL	1982	M30	51	129		00:02:25 (217)	00:04:49 (170)	00:08:10 (166)	00:10:50 (136)	00:10:50	00:10:50
137	24	Sebastian	Weymann	Rożnowo	POL	1982	M30	52	130		00:01:43 (83)	00:04:08 (102)	00:07:40 (138)	00:10:56 (137)	00:10:56	00:10:56
138	275	Grzegorz	Komisarek	Września	POL	1976	M40	24	131		00:02:24 (214)	00:04:47 (166)	00:07:44 (142)	00:10:58 (138)	00:10:58	00:10:58
139	393	Tomasz	Dreczka	Czarnków	POL	1995	M18	51	132		00:02:01 (143)	00:04:24 (132)	00:07:12 (120)	00:10:59 (139)	00:10:59	00:10:59
140	12	Dawid	Weyna	Kicin	POL	1995	M18	52	133		00:01:36 (44)	00:03:46 (58)	00:07:00 (104)	00:11:01 (140)	00:11:01	00:11:01
141	14	Rafał	Jakubowski	Poznań	POL	1985	M30	53	134		00:01:45 (91)	00:04:18 (125)	00:07:40 (139)	00:11:02 (141)	00:11:02	00:11:02
142	13	Sebastian	Adamczak	PTKWO / Poznań	POL	1985	M30	54	135		00:01:54 (122)	00:04:37 (149)	00:07:30 (133)	00:11:03 (142)	00:11:03	00:11:03
143	320	Emil	Majchrzak	Miłośnicy I Ludzie Futbolu / Luboń	POL	1994	M18	53	136		00:02:08 (170)	00:04:47 (167)	00:07:49 (149)	00:11:06 (143)	00:11:06	00:11:06
144	125	Przemysław	Janowski	Poznań	POL	1977	M40	25	137		00:02:14 (187)	00:04:45 (162)	00:08:03 (157)	00:11:07 (144)	00:11:07	00:11:07
145	49	Dariusz	Brudnicki	Surowa Ryba / Poznań	POL	1990	M18	54	138		00:02:17 (193)	00:05:05 (188)	00:08:15 (169)	00:11:07 (145)	00:11:07	00:11:07
146	22	Łukasz	Krężel	Dnipro Posen / Dopiewiec	POL	1986	M30	55	139		00:01:52 (112)	00:04:39 (154)	00:07:48 (147)	00:11:07 (146)	00:11:07	00:11:07
147	88	Radosław	Roszkowiak	Poznań	POL	1987	M30	56	140		00:01:54 (123)	00:04:42 (158)	00:07:48 (148)	00:11:08 (147)	00:11:08	00:11:08
148	376	Piotr	Leśniak	Beer Brothers / Poznań	POL	1987	M30	57	141		00:01:59 (136)	00:04:54 (175)	00:08:05 (160)	00:11:10 (148)	00:11:10	00:11:10
149	68	Przemysław	Sobociński	Piwowar Luboń / Luboń	POL	1982	M30	58	142		00:01:41 (67)	00:04:41 (157)	00:08:03 (158)	00:11:10 (149)	00:11:10	00:11:10

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Miejsce	Numer	Imię	Nazwisko	Klub / miejscowość	Kraj	Rok	Kat.	Miejsce			PK1	PK2	PK3	Meta	Wynik	Czas netto
								kat.	M	K						
150	316	Łukasz	Szczepański	Poznań	POL	1986	M30	59	143		00:01:49 (105)	00:04:21 (128)	00:08:06 (161)	00:11:14 (150)	00:11:14	00:11:14
151	166	Jacek	Barszczewski	Morzyczyn	POL	1979	M30	60	144		00:01:48 (101)	00:04:17 (122)	00:07:46 (145)	00:11:15 (151)	00:11:15	00:11:15
152	66	Ewelina	Duczmal	Gryfino	POL	1989	K18	5		8	00:01:53 (116)	00:04:43 (160)	00:08:09 (164)	00:11:16 (152)	00:11:16	00:11:16
153	371	Piotr	Świątek	zalani / krzemieniewo	POL	1985	M30	61	145		00:02:26 (220)	00:05:12 (193)	00:08:14 (168)	00:11:19 (153)	00:11:19	00:11:19
154	259	Tomasz	Woźniak	Poznań	POL	1957	M60+	1	146		00:02:34 (232)	00:05:12 (194)	00:08:21 (173)	00:11:20 (154)	00:11:20	00:11:20
155	324	Oliwia	Sudoł	poznań	POL	1989	K18	6		9	00:02:11 (180)	00:05:02 (184)	00:08:03 (159)	00:11:23 (155)	00:11:23	00:11:23
156	219	Jagoda	Mnich	Hoże Dziewoje / Poznań	POL	1990	K18	7		10	00:02:05 (159)	00:04:29 (137)	00:07:50 (150)	00:11:25 (156)	00:11:25	00:11:25
157	311	Hubert	Bedyński	Rugby / Poznań	POL	1985	M30	62	147		00:02:31 (227)	00:05:11 (192)	00:08:24 (175)	00:11:26 (157)	00:11:26	00:11:26
158	389	Ruslan	Morhun	Wrocław	UKR	1991	M18	55	148		00:01:38 (54)	00:03:52 (75)	00:06:51 (93)	00:11:31 (158)	00:11:31	00:11:31
159	218	Dominik	Kajzerski	Pan / Suchy Las	POL	1993	M18	56	149		00:02:06 (161)	00:04:30 (139)	00:07:56 (154)	00:11:35 (159)	00:11:35	00:11:35
160	107	Piotr	Migaj	Piwomaniacy / Psary	POL	1992	M18	57	150		00:02:11 (181)	00:04:55 (176)	00:08:21 (174)	00:11:35 (160)	00:11:35	00:11:35
161	62	Jan	Faber	Sekcja B / Poznań	POL	1989	M18	58	151		00:01:50 (106)	00:04:16 (116)	00:09:16 (211)	00:11:37 (161)	00:11:37	00:11:37
162	281	Jakub	Sznigirewicz	BEERBAR / SŁUPSK	POL	1996	M18	59	152		00:02:10 (176)	00:04:44 (161)	00:07:56 (155)	00:11:37 (162)	00:11:37	00:11:37
163	280	Tomasz	Sznigirewicz	BEERBAR / SŁUPSK	POL	1967	M50	6	153		00:02:45 (243)	00:05:29 (222)	00:08:37 (183)	00:11:38 (163)	00:11:38	00:11:38
164	284	Dawid	Majecki	Pijoki / Poznań	POL	1987	M30	63	154		00:01:45 (92)	00:04:17 (123)	00:07:52 (152)	00:11:39 (164)	00:11:39	00:11:39
165	69	Dominika	Czyż	Warszawa	POL	1991	K18	8		11	00:02:18 (194)	00:05:01 (183)	00:08:16 (170)	00:11:43 (165)	00:11:43	00:11:43
166	366	Artur	Pietraszewski	Wypici Krzemieniewo NZUL / Krzemieniewo	POL	1991	M18	60	155		00:01:42 (74)	00:04:00 (90)	00:07:19 (124)	00:11:45 (166)	00:11:45	00:11:45
167	175	Robert	Mamys	Poznań	POL	1975	M40	26	156		00:02:06 (162)	00:05:18 (207)	00:08:45 (188)	00:11:47 (167)	00:11:47	00:11:47
168	274	Klaudia	Skalska	FC Rubol / Swarzędz	POL	1987	K30	3		12	00:02:47 (245)	00:05:33 (227)	00:09:21 (216)	00:11:53 (168)	00:11:53	00:11:53
169	180	Agata	Zakrzewska	AT Aktywny Trzebiatów / Trzebiatów	POL	1985	K30	4		13	00:02:25 (218)	00:05:27 (218)	00:08:53 (196)	00:11:53 (169)	00:11:53	00:11:53
170	181	Adriana	Warniełło	AT Aktywny Trzebiatów / Trzebiatów	POL	1977	K40	2		14	00:02:25 (219)	00:05:27 (219)	00:08:53 (197)	00:11:53 (170)	00:11:53	00:11:53
171	278	Katarzyna	Popowicz	POPKI TEAM / Buk	POL	1995	K18	9		15	00:02:01 (144)	00:04:10 (104)	00:08:08 (163)	00:11:57 (171)	00:11:57	00:11:57
172	285	Edyta	Faltyńska	Poznań	POL	1972	K40	3		16	00:02:26 (221)	00:05:27 (220)	00:09:22 (217)	00:11:58 (172)	00:11:58	00:11:58
173	286	Wojciech	Świątek	gRUNwald Team / Poznan	POL	1963	M50	7	157		00:02:51 (248)	00:05:33 (228)	00:09:22 (218)	00:11:58 (173)	00:11:58	00:11:58
174	178	Andrzej	Nawrot	NHP Poznan / Luboń	POL	1978	M30	64	158		00:02:19 (198)	00:05:19 (208)	00:08:38 (184)	00:11:58 (174)	00:11:58	00:11:58
175	174	Tomasz	Struski	NHP Poznan / Poznan	POL	1982	M30	65	159		00:02:19 (199)	00:05:19 (209)	00:08:38 (185)	00:11:59 (175)	00:11:59	00:11:59
176	222	Michał	Janusz	Unisław	POL	1991	M18	61	160		00:02:21 (205)	00:05:14 (196)	00:08:50 (191)	00:11:59 (176)	00:11:59	00:11:59
177	276	Jolanta	Przewoźna	POPKI TEAM / Buk	POL	1975	K40	4		17	00:02:53 (249)	00:05:54 (242)	00:09:22 (219)	00:11:59 (177)	00:11:59	00:11:59
178	213	Sławomir	Malec	Urządnik też Człowiek, pić musi... / Murowana Goślina	POL	1983	M30	66	161		00:02:05 (160)	00:05:30 (224)	00:08:56 (200)	00:12:00 (178)	00:12:00	00:12:00
179	40	Michał	Walkowiak	Urząd Miasta Poznania / Poznań	POL	1979	M30	67	162		00:02:02 (146)	00:04:48 (168)	00:08:31 (179)	00:12:00 (179)	00:12:00	00:12:00
180	226	Sławomir	Bielecki	Piątkowo na biegowo / Poznań	POL	1989	M18	62	163		00:02:21 (206)	00:05:15 (198)	00:08:51 (195)	00:12:02 (180)	00:12:02	00:12:02
181	111	Patryk	Heckert	Sprinterzy Sigmeo / Poznań	POL	1990	M18	63	164		00:02:26 (222)	00:05:27 (221)	00:08:34 (181)	00:12:03 (181)	00:12:03	00:12:03
182	80	Marcin	Matysik	SMP Runners / Mrowiono	POL	1978	M30	68	165		00:02:26 (223)	00:05:16 (202)	00:08:27 (177)	00:12:04 (182)	00:12:04	00:12:04
183	79	Krzysztof	Pokorski	SMP Runners / Kostrzyn	POL	1976	M40	27	166		00:02:23 (210)	00:05:17 (203)	00:08:30 (178)	00:12:04 (183)	00:12:04	00:12:04
184	224	Marianna	Pejka	Poznań	POL	1993	K18	10		18	00:02:20 (202)	00:05:15 (199)	00:08:50 (192)	00:12:09 (184)	00:12:09	00:12:09
185	128	Łukasz	Małolepszy	Poznań	POL	1991	M18	64	167		00:02:14 (188)	00:05:00 (182)	00:09:08 (203)	00:12:16 (185)	00:12:16	00:12:16
186	223	Mateusz	Pogudz	Walcz	POL	1992	M18	65	168		00:02:20 (203)	00:05:14 (197)	00:08:49 (190)	00:12:18 (186)	00:12:18	00:12:18
187	221	Karol	Błażejczyk	Unisław	POL	1991	M18	66	169		00:02:20 (204)	00:05:15 (200)	00:08:50 (193)	00:12:20 (187)	00:12:20	00:12:20



## Wyniki

Miejsce	Numer	Imię	Nazwisko	Klub / miejscowość	Kraj	Rok	Kat.	Miejsce			PK1	PK2	PK3	Meta	Wynik	Czas netto
								kat.	M	K						
188	225	Eryk	Kaczmarek	Bolewice / Poznań	POL	1992	M18	67	170		00:02:21 (207)	00:05:15 (201)	00:08:50 (194)	00:12:20 (188)	00:12:20	00:12:20
189	121	Adrian	Bogdański	Kutno	POL	1996	M18	68	171		00:01:46 (93)	00:04:40 (155)	00:08:25 (176)	00:12:27 (189)	00:12:27	00:12:27
190	44	Dorita	Gręda	#doritarun / Poznań	POL	1994	K18	11		19	00:02:11 (182)	00:04:52 (173)	00:08:09 (165)	00:12:30 (190)	00:12:30	00:12:30
191	45	Edyta	Gręda	Korbole / Więckowice	POL	1989	K18	12		20	00:02:19 (200)	00:04:57 (177)	00:08:10 (167)	00:12:30 (191)	00:12:30	00:12:30
192	127	Marcin	Zbąski	Poznań	POL	1978	M30	69	172		00:02:35 (233)	00:05:52 (240)	00:09:28 (223)	00:12:41 (192)	00:12:41	00:12:41
193	361	Marcin	Maciński	Tarnowo Podgórne	POL	1984	M30	70	173		00:02:50 (247)	00:05:54 (243)	00:09:14 (208)	00:12:41 (193)	00:12:41	00:12:41
194	312	Tomasz	Pradziuch	Zalani w Trupa / Luboń	POL	1984	M30	71	174		00:02:11 (183)	00:04:49 (171)	00:08:19 (172)	00:12:42 (194)	00:12:42	00:12:42
195	76	Grzegorz	Gryczka	SMP Runners / Poznań	POL	1988	M18	69	175		00:02:39 (239)	00:05:38 (229)	00:09:19 (215)	00:12:43 (195)	00:12:43	00:12:43
196	185	Marta	Olejniczak	Wilda pany / Poznań	POL	1989	K18	13		21	00:02:19 (201)	00:04:57 (178)	00:09:13 (205)	00:12:50 (196)	00:12:50	00:12:50
197	186	Joachim	Synoradzki	Wilda pany / Poznań	POL	1990	M18	70	176		00:02:18 (195)	00:04:57 (179)	00:09:13 (206)	00:12:50 (197)	00:12:50	00:12:50
198	123	Filip	Barszcz	Stubice	POL	1996	M18	71	177		00:01:42 (75)	00:04:37 (150)	00:09:06 (202)	00:12:51 (198)	00:12:51	00:12:51
199	94	Szymon	Pokorski		POL				178		00:02:07 (166)	00:05:17 (204)	00:09:25 (220)	00:12:58 (199)	00:12:58	00:12:58
200	126	Hanna	Małolepsza	Poznań	POL	1972	K40	5		22	00:02:35 (234)	00:05:52 (241)	00:09:28 (224)	00:12:59 (200)	00:12:59	00:12:59
201	91	Arkadiusz	Mikolajczak	Głodne Wilki / Poznan	POL	1989	M18	72	179		00:02:04 (154)	00:05:03 (186)	00:08:43 (186)	00:13:01 (201)	00:13:01	00:13:01
202	92	Patryk	Walkowski	Głodne Wilki / Poznań	POL	1993	M18	73	180		00:02:04 (155)	00:05:03 (187)	00:08:43 (187)	00:13:01 (202)	00:13:01	00:13:01
203	27	Krzysztof	Zając	Drużyna Bartka / Poznań	POL	1988	M18	74	181		00:01:46 (94)	00:04:52 (174)	00:09:17 (212)	00:13:05 (203)	00:13:05	00:13:05
204	43	Michał	Kru	Husaria Race Team / Złocieniec	POL	1993	M18	75	182		00:01:31 (23)	00:04:37 (151)	00:10:20 (238)	00:13:05 (204)	00:13:05	00:13:05
205	313	Maciej	Fedorów	Zalani w Trupa / Poznań	POL	1988	M18	76	183		00:02:33 (229)	00:05:59 (245)	00:09:36 (227)	00:13:12 (205)	00:13:12	00:13:12
206	42	Piotr	Draber	Biegacze Celebryci / Poznań	POL	1991	M18	77	184		00:01:42 (76)	00:03:59 (87)	00:07:25 (130)	00:13:14 (206)	00:13:14	00:13:14
207	39	Mirosław	Ratajczak	Dnipro Posen / Poznań	POL	1985	M30	72	185		00:01:51 (110)	00:05:21 (210)	00:09:39 (229)	00:13:16 (207)	00:13:16	00:13:16
208	169	Bartosz	Szybiak	Jarocin	POL	1995	M18	78	186		00:01:56 (130)	00:04:37 (152)	00:08:47 (189)	00:13:17 (208)	00:13:17	00:13:17
209	52	Paweł	Spirydowicz	Aaumba / Ośno Lubuskie	POL	1994	M18	79	187		00:01:54 (124)	00:04:57 (180)	00:09:13 (207)	00:13:23 (209)	00:13:23	00:13:23
210	28	Tomasz	Ogrodnik	Night Runners / Poznań	POL	1988	M18	80	188		00:01:53 (117)	00:05:02 (185)	00:09:26 (222)	00:13:30 (210)	00:13:30	00:13:30
211	84	Magdalena	Krzyżanek	Opalenica	POL	1997	K18	14		23	00:03:02 (251)	00:06:16 (250)	00:10:07 (235)	00:13:35 (211)	00:13:35	00:13:35
212	83	Bartosz	Makowski	SMP Runners / Poznań	POL	1982	M30	73	189		00:02:47 (246)	00:05:42 (234)	00:08:32 (180)	00:13:35 (212)	00:13:35	00:13:35
213	77	Klaudyna	Przybysz	SMP Runners / Poznań	POL	1989	K18	15		24	00:02:46 (244)	00:05:38 (230)	00:09:18 (214)	00:13:36 (213)	00:13:36	00:13:36
214	46	Mateusz	Banach	Rogoziński Klub Biegacza / Rogoźno	POL	1997	M18	81	190		00:02:06 (163)	00:04:20 (126)	00:07:20 (125)	00:13:40 (214)	00:13:40	00:13:40
215	217	Hieronim	Skrzypczak	Poznan	POL	1952	M60+	2	191		00:02:03 (152)	00:04:59 (181)	00:08:55 (199)	00:13:40 (215)	00:13:40	00:13:40
216	19	Michał	Gil	Luboński Klub Biegacza / Luboń	POL	1997	M18	82	192		00:01:41 (68)	00:03:37 (46)	00:07:02 (107)	00:13:41 (216)	00:13:41	00:13:41
217	377	Anna	Lempert	AMOK / Poznań	POL	1983	K30	5		25	00:02:14 (189)	00:05:40 (232)	00:09:17 (213)	00:13:51 (217)	00:13:51	00:13:51
218	381	Agnieszka	Kozłowska	Koziegłowy	POL	1983	K30	6		26	00:03:00 (250)	00:06:20 (251)	00:10:05 (234)	00:13:51 (218)	00:13:51	00:13:51
219	7	Magdalena	Pieprzycka	Dnipro Posen / Poznań	POL	1993	K18	16		27	00:02:07 (167)	00:05:23 (212)	00:10:25 (239)	00:14:10 (219)	00:14:10	00:14:10
220	130	Aleksandra	Graczyk	Biegam dla ciastków / Poznań	POL	1992	K18	17		28	00:02:15 (191)	00:05:13 (195)	00:09:36 (228)	00:14:18 (220)	00:14:18	00:14:18
221	2	Jakub	Łukaszewski	Husaria Race Team / Poznań	POL	1996	M18	83	193		00:01:34 (33)	00:03:36 (45)	00:07:51 (151)	00:14:18 (221)	00:14:18	00:14:18
222	207	Bartosz	Zieliński	Poznan	POL	1991	M18	84	194		00:02:29 (225)	00:05:25 (215)	00:08:54 (198)	00:14:23 (222)	00:14:23	00:14:23
223	369	Paweł	Muszyński	Zalasewo Zaiwania / Zalasewo	POL	1978	M30	74	195		00:02:43 (240)	00:05:10 (191)	00:09:30 (225)	00:14:29 (223)	00:14:29	00:14:29
224	370	Wojciech	Kubiak	Goggle Pro Active Eyewear / Opole	POL	1985	M30	75	196		00:02:44 (242)	00:05:54 (244)	00:09:33 (226)	00:14:31 (224)	00:14:31	00:14:31
225	9	Artur	Gąsiorek	Dnipro Posen / Poznań	POL	1991	M18	85	197		00:01:40 (63)	00:04:22 (130)	00:08:36 (182)	00:14:31 (225)	00:14:31	00:14:31
226	179	Krzysztof	Cieplak	Raszyn	POL	1993	M18	86	198		00:02:16 (192)	00:04:48 (169)	00:09:08 (204)	00:14:35 (226)	00:14:35	00:14:35

## Wyniki

Miejsce	Numer	Imię	Nazwisko	Klub / miejscowość	Kraj	Rok	Kat.	Miejsce			PK1	PK2	PK3	Meta	Wynik	Czas netto
								kat.	M	K						
227	85	Przemysław	Drzazga	nieprzepici / Żytno	POL	1985	M30	76	199		00:02:37 (236)	00:05:43 (235)	00:09:44 (230)	00:14:37 (227)	00:14:37	00:14:37
228	86	Alan	Podgajny	nieprzepici / Poznań	POL	1985	M30	77	200		00:02:38 (238)	00:05:43 (236)	00:09:46 (232)	00:14:37 (228)	00:14:37	00:14:37
229	93	Adam	Krawczyk	nieprzepici / Poznań	POL	1985	M30	78	201		00:02:37 (237)	00:05:43 (237)	00:09:45 (231)	00:14:38 (229)	00:14:38	00:14:38
230	396	Jagoda	Grzejek	Rogoźno	POL	1998	K18	18		29	00:02:24 (215)	00:05:23 (213)	00:09:14 (209)	00:14:46 (230)	00:14:46	00:14:46
231	395	Kamil	Zieliński	Rogoźno	POL	1998	M18	87	202		00:02:24 (216)	00:05:23 (214)	00:09:14 (210)	00:14:46 (231)	00:14:46	00:14:46
232	220	Mateusz	Kaziów	Bogaczów / Bogaczów	POL	1994	M18	88	203		00:01:55 (127)	00:04:42 (159)	00:10:29 (240)	00:15:00 (232)	00:15:00	00:15:00
233	112	Anna	Banaszak	Sprinterzy Sigmeo / Poznań	POL	1990	K18	19		30	00:02:18 (196)	00:06:13 (248)	00:10:43 (242)	00:15:01 (233)	00:15:01	00:15:01
234	35	Marcin	Hellmann	Surowa Ryba / Wysoka	POL	1990	M18	89	204		00:02:18 (197)	00:05:09 (190)	00:09:25 (221)	00:15:11 (234)	00:15:11	00:15:11
235	33	Jakub	Grypczyński	Surowa Ryba / Poznań	POL	1990	M18	90	205		00:02:13 (186)	00:05:05 (189)	00:09:04 (201)	00:15:11 (235)	00:15:11	00:15:11
236	154	Jakub	Koziczak	Poznań	POL	1994	M18	91	206		00:02:35 (235)	00:05:47 (238)	00:09:57 (233)	00:15:22 (236)	00:15:22	00:15:22
237	78	Łukasz	Szuba	SMP Runners / Więckowice	POL	1973	M40	28	207		00:02:27 (224)	00:05:38 (231)	00:10:43 (243)	00:15:26 (237)	00:15:26	00:15:26
238	256	Aneta	Barc	Poznań	POL	1994	K18	20		31	00:03:03 (252)	00:06:12 (247)	00:10:42 (241)	00:15:32 (238)	00:15:32	00:15:32
239	257	Agnieszka	Barc	Poznań	POL	1991	K18	21		32	00:03:03 (253)	00:06:13 (249)	00:10:43 (244)	00:15:32 (239)	00:15:32	00:15:32
240	26	Ilona	Trzemkowska	Poznań	POL	1990	K18	22		33	00:02:10 (177)	00:05:29 (223)	00:10:55 (245)	00:15:49 (240)	00:15:49	00:15:49
241	25	Krzysztof	Wołowiec	Poznań	POL	1993	M18	92	208		00:02:09 (174)	00:05:25 (216)	00:10:55 (246)	00:15:49 (241)	00:15:49	00:15:49
242	74	Łukasz	Nowicki	Mosina	POL	1987	M30	79	209		00:01:57 (133)	00:05:48 (239)	00:11:21 (248)	00:15:50 (242)	00:15:50	00:15:50
243	63	Beata	Łącka	Poznań	POL	1976	K40	6		34	00:02:32 (228)	00:06:25 (252)	00:11:26 (250)	00:15:54 (243)	00:15:54	00:15:54
244	64	Marcin	Oleś	Swarzędz	POL	1982	M30	80	210		00:02:33 (230)	00:06:25 (253)	00:11:26 (251)	00:15:54 (244)	00:15:54	00:15:54
245	70	Hubert	Pyliński	Białystok	POL	1991	M18	93	211		00:02:04 (156)	00:05:40 (233)	00:11:25 (249)	00:16:12 (245)	00:16:12	00:16:12
246	265	Radosław	Wojtkowiak	KĘSY TEAM / Poznań	POL	1981	M30	81	212		00:02:29 (226)	00:05:17 (205)	00:11:05 (247)	00:16:33 (246)	00:16:33	00:16:33
247	57	Jacek	Majchrzak	Brodnica	POL	1988	M18	94	213		00:02:22 (208)	00:05:31 (225)	00:10:17 (236)	00:16:38 (247)	00:16:38	00:16:38
248	56	Agnieszka	Maselko	Poznań	POL	1992	K18	23		35	00:02:22 (209)	00:05:31 (226)	00:10:17 (237)	00:16:38 (248)	00:16:38	00:16:38
249	75	Dawid	Żuchliński	SMP Runners / Małki	POL	1991	M18	95	214		00:02:23 (211)	00:05:17 (206)	00:11:57 (252)	00:16:52 (249)	00:16:52	00:16:52
250	165	Mikołaj	Witczak	małe browary / Bielawa	POL	1935	M60+	3	215		00:03:20 (256)	00:07:42 (256)	00:12:33 (253)	00:17:27 (250)	00:17:27	00:17:27
251	322	Bartosz	Bryll	Zalani w Trupa / Wrocław	POL	1986	M30	82	216		00:02:33 (231)	00:05:59 (246)	00:13:02 (254)	00:17:49 (251)	00:17:49	00:17:49
252	321	Anna	Bryll	Zalani w Trupa / Wrocław	POL	1990	K18	24		36	00:03:06 (254)	00:06:48 (254)	00:13:02 (255)	00:17:49 (252)	00:17:49	00:17:49
253	315	Aleksandra	Fedorów	Zalani w Trupa / Poznań	POL	1990	K18	25		37	00:03:06 (255)	00:06:48 (255)	00:13:02 (256)	00:17:49 (253)	00:17:49	00:17:49
DNF	368	Michał	Wojtyła	Ironmenel / Poznań	POL	1986	M30				00:01:54 (118)	00:04:01 (91)	00:06:34 (78)			
DNF	357	Mateusz	Moździerz	Ironmenel / Poznań	POL	1984	M30				00:01:30 (18)	00:03:48 (62)	00:06:28 (70)			
DNF	65	Tomasz	Łącki	Poznań	POL	1976	M40				00:02:24 (212)	00:05:23 (211)	00:08:18 (171)			
RAZEM: 256																