

## Wyniki



| Miejsce | Nr  | Imię      | Nazwisko     | Klub / Miejscowość                               | Kraj | Rok  | Kat. | Miejsce |    |   | Bieg 1        | T1       | Rower         | T2       | Bieg 2        | Wynik    |
|---------|-----|-----------|--------------|--|------|------|------|---------|----|---|---------------|----------|---------------|----------|---------------|----------|
|         |     |           |              |  |      |      |      | kat.    | M  | K |               |          |               |          |               |          |
| 1       | 81  | Tomasz    | Kmieciak     | Murowana Goślina                                 | POL  | 1975 | M3   | 1       | 1  |   | 00:19:08 (4)  | 00:01:02 | 00:38:44 (1)  | 00:00:43 | 00:12:37 (3)  | 01:12:14 |
| 2       | 27  | Młosz     | Czechowicz   | Trenuj z najlepszymi / Piła                      | POL  | 1993 | M1   | 1       | 2  |   | 00:18:11 (2)  | 00:01:07 | 00:40:27 (4)  | 00:00:52 | 00:12:41 (4)  | 01:13:18 |
| 3       | 152 | Filip     | Przymusiński | KS UAM TRIATHLON POZNAŃ / Poznań                 | POL  | 1983 | M2   | 1       | 3  |   | 00:18:42 (3)  | 00:00:53 | 00:41:26 (9)  | 00:00:34 | 00:11:55 (1)  | 01:13:30 |
| 4       | 3   | Jakub     | Antkowiak    | Euro Bike Kaczmarek Electric Team / Września     | POL  | 1995 | M1   | 2       | 4  |   | 00:19:34 (5)  | 00:01:03 | 00:40:52 (6)  | 00:01:03 | 00:13:31 (9)  | 01:16:03 |
| 5       | 11  | Michał    | Błajet       | KIBOLSKI KS / Skórzewo                           | POL  | 1980 | M3   | 2       | 5  |   | 00:19:50 (8)  | 00:01:02 | 00:42:15 (10) | 00:00:39 | 00:13:30 (8)  | 01:17:16 |
| 6       | 138 | Filip     | Pendrak      | Team Berotu / Zbąszynek                          | POL  | 1988 | M2   | 2       | 6  |   | 00:20:50 (15) | 00:01:09 | 00:40:20 (3)  | 00:00:53 | 00:14:57 (28) | 01:18:09 |
| 7       | 13  | Filip     | Bogucki      | Bób Ogór Włoszczyzna / Poznań                    | POL  | 1979 | M3   | 3       | 7  |   | 00:22:35 (37) | 00:00:58 | 00:40:56 (7)  | 00:00:25 | 00:13:57 (16) | 01:18:51 |
| 8       | 52  | Bartosz   | Guzik        | Nowy Tomyśl                                      | POL  | 1981 | M3   | 4       | 8  |   | 00:19:54 (9)  | 00:01:28 | 00:43:36 (12) | 00:01:02 | 00:13:03 (7)  | 01:19:03 |
| 9       | 113 | Filip     | Mańczak      | Czerwonak Biega / Kicin                          | POL  | 1979 | M3   | 5       | 9  |   | 00:20:28 (13) | 00:01:26 | 00:42:43 (11) | 00:00:58 | 00:13:36 (12) | 01:19:11 |
| 10      | 202 | Krzysztof | Zajac        | Supersportowy Team / Poznań                      | POL  | 1988 | M2   | 3       | 10 |   | 00:22:36 (38) | 00:01:25 | 00:40:33 (5)  | 00:00:49 | 00:13:50 (13) | 01:19:13 |
| 11      | 150 | Piotr     | Przybył      | Biedrusko Jakśbud / Poznań                       | POL  | 1991 | M2   | 4       | 11 |   | 00:22:14 (34) | 00:00:59 | 00:40:59 (8)  | 00:00:30 | 00:15:08 (36) | 01:19:50 |
| 12      | 187 | Maciej    | Wartel       | Goggle Pro Active Eyewear / Poznań               | POL  | 1979 | M3   | 6       | 12 |   | 00:19:46 (7)  | 00:00:57 | 00:44:35 (14) | 00:00:33 | 00:14:29 (21) | 01:20:20 |
| 13      | 129 | Janusz    | Noszczyński  | Ofix.pl Bike Team / Murowana Goślina             | POL  | 1983 | M2   | 5       | 13 |   | 00:22:33 (36) | 00:01:46 | 00:40:12 (2)  | 00:01:14 | 00:15:15 (37) | 01:21:00 |
| 14      | 68  | Mariusz   | Jurkiewicz   | To Tylko Triathlon Team / Bydgoszcz              | POL  | 1979 | M3   | 7       | 14 |   | 00:19:39 (6)  | 00:01:45 | 00:46:02 (17) | 00:00:58 | 00:12:51 (5)  | 01:21:15 |
| 15      | 158 | Marek     | Rozmiarok    | Klas Szpot Swarzędz / Zalasewo                   | POL  | 1981 | M3   | 8       | 15 |   | 00:20:23 (12) | 00:01:36 | 00:44:23 (13) | 00:00:39 | 00:14:33 (22) | 01:21:34 |
| 16      | 137 | Mirosław  | Paluch       | Budchem / Oborniki                               | POL  | 1964 | M4   | 1       | 16 |   | 00:20:56 (16) | 00:01:25 | 00:45:16 (15) | 00:00:55 | 00:13:52 (14) | 01:22:24 |
| 17      | 97  | Szymon    | Kukuła       | Oborniki   | POL  | 1994 | M1   | 3       | 17 |   | 00:20:07 (10) | 00:00:56 | 00:48:27 (22) | 00:00:34 | 00:12:53 (6)  | 01:22:57 |
| 18      | 71  | Łukasz    | Karmelita    | LUG Team / Zielona Góra                          | POL  | 1979 | M3   | 9       | 18 |   | 00:21:15 (22) | 00:00:57 | 00:46:18 (18) | 00:00:30 | 00:14:48 (25) | 01:23:48 |
| 19      | 170 | Paweł     | Stankiewicz  | Czerwonak Biega / Potasze                        | POL  | 1975 | M3   | 10      | 19 |   | 00:21:08 (21) | 00:01:30 | 00:45:54 (16) | 00:01:05 | 00:14:22 (19) | 01:23:59 |
| 20      | 50  | Piotr     | Grześ        | GekonMTB / Kostrzyn                              | POL  | 1988 | M2   | 6       | 20 |   | 00:20:15 (11) | 00:01:37 | 00:47:30 (20) | 00:00:57 | 00:14:00 (17) | 01:24:19 |
| 21      | 201 | Błażej    | Wytwer       | PęDZIKIEM DO METY / Bogusławice                  | POL  | 1988 | M2   | 7       | 21 |   | 00:18:10 (1)  | 00:01:02 | 00:51:36 (44) | 00:01:01 | 00:12:35 (2)  | 01:24:24 |
| 22      | 171 | Jakub     | Stawowy      | Poznań   | POL  | 1989 | M2   | 8       | 22 |   | 00:21:03 (19) | 00:01:01 | 00:48:33 (24) | 00:00:33 | 00:13:55 (15) | 01:25:05 |
| 23      | 85  | Daniel    | Korcz        | Triathlon X-Team / jaworzno                      | POL  | 1979 | M3   | 11      | 23 |   | 00:21:55 (30) | 00:01:20 | 00:46:53 (19) | 00:00:46 | 00:14:56 (27) | 01:25:50 |
| 24      | 60  | Dariusz   | Janas        | Biegacze Juniora - Runners Team / Czerwonak      | POL  | 1975 | M3   | 12      | 24 |   | 00:20:48 (14) | 00:01:08 | 00:48:42 (26) | 00:00:35 | 00:15:06 (34) | 01:26:19 |
| 25      | 166 | Dariusz   | Skotnicki    | BZWBK RUNNERS TEAM / Golęczewo                   | POL  | 1970 | M4   | 2       | 25 |   | 00:21:35 (25) | 00:01:23 | 00:47:46 (21) | 00:01:18 | 00:14:37 (23) | 01:26:39 |
| 26      | 151 | Grzegorz  | Przybysz     | Popowo Kościelne                                 | POL  | 1982 | M2   | 9       | 26 |   | 00:21:47 (29) | 00:01:03 | 00:49:19 (30) | 00:00:41 | 00:15:01 (31) | 01:27:51 |
| 27      | 155 | Marcin    | Rogaliński   | Owińska Team / Owińska                           | POL  | 1978 | M3   | 13      | 27 |   | 00:21:41 (28) | 00:01:49 | 00:49:09 (29) | 00:01:05 | 00:14:25 (20) | 01:28:09 |
| 28      | 124 | Zbigniew  | Naparty      | Oborniki / Oborniki                              | POL  | 1966 | M4   | 3       | 28 |   | 00:20:57 (17) | 00:01:51 | 00:50:45 (40) | 00:01:22 | 00:13:33 (11) | 01:28:28 |
| 29      | 191 | Maria     | Wengierek    | www.fizjo-w-biegu.pl / Poznań                    | POL  | 1993 | K1   | 1       |    | 1 | 00:22:59 (42) | 00:01:00 | 00:49:03 (28) | 00:00:39 | 00:14:58 (29) | 01:28:39 |
| 30      | 77  | Szymon    | Kępa         | Ofix.pl Bike Team / Poznań                       | POL  | 1987 | M2   | 10      | 29 |   | 00:20:59 (18) | 00:01:22 | 00:51:44 (46) | 00:01:18 | 00:13:31 (10) | 01:28:54 |
| 31      | 114 | Roman     | Marciniak    | Poznań   | POL  | 1976 | M3   | 14      | 30 |   | 00:22:01 (32) | 00:01:59 | 00:49:39 (33) | 00:01:19 | 00:14:55 (26) | 01:29:53 |
| 32      | 194 | Piotr     | Włodarczyk   | Budchem / Poznań                                 | POL  | 1979 | M3   | 15      | 31 |   | 00:21:37 (27) | 00:01:59 | 00:50:43 (39) | 00:01:24 | 00:14:15 (18) | 01:29:58 |
| 33      | 40  | Piotr     | Gabryel      | Tuczno   | POL  | 1980 | M3   | 16      | 32 |   | 00:24:29 (65) | 00:01:01 | 00:49:37 (32) | 00:00:42 | 00:14:41 (24) | 01:30:30 |
| 34      | 106 | Andrzej   | Ludzkowski   | KB Katorznik Murowana Goślina / Murowana Goślina | POL  | 1969 | M4   | 4       | 33 |   | 00:22:58 (41) | 00:01:05 | 00:48:33 (25) | 00:00:45 | 00:17:19 (67) | 01:30:40 |
| 35      | 79  | Ireneusz  | Kijak        | AlleSport / Poznań                               | POL  | 1985 | M2   | 11      | 34 |   | 00:23:02 (43) | 00:01:19 | 00:50:37 (38) | 00:00:52 | 00:14:59 (30) | 01:30:49 |
| 36      | 153 | Rafał     | Przysiek     | Nie Ma Lipy Swarzędz Team / Swarzędz             | POL  | 1981 | M3   | 17      | 35 |   | 00:23:19 (44) | 00:01:29 | 00:49:41 (34) | 00:01:11 | 00:15:33 (40) | 01:31:13 |

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| Miejsce | Nr  | Imię      | Nazwisko         | Klub / Miejscowość   | Kraj | Rok  | Kat. | Miejsce |    |   | Bieg 1         | T1       | Rower         | T2       | Bieg 2         | Wynik    |
|---------|-----|-----------|------------------|--|------|------|------|---------|----|---|----------------|----------|---------------|----------|----------------|----------|
|         |     |           |                  |  |      |      |      | kat.    | M  | K |                |          |               |          |                |          |
| 37      | 62  | Karol     | Janiszewski      | Jeżyce biegają / Poznań                                      | POL  | 1981 | M3   | 18      | 36 |   | 00:21:07 (20)  | 00:00:54 | 00:53:39 (57) | 00:00:34 | 00:15:07 (35)  | 01:31:21 |
| 38      | 24  | Tomasz    | Cyranik          | Supersportowy Team / Murowana Goslina                        | POL  | 1982 | M2   | 12      | 37 |   | 00:24:05 (54)  | 00:01:42 | 00:48:28 (23) | 00:01:03 | 00:16:30 (54)  | 01:31:48 |
| 39      | 61  | Piotr     | Janicki          | Gniezno / Gniezno  | POL  | 1984 | M2   | 13      | 38 |   | 00:23:29 (46)  | 00:02:00 | 00:49:55 (36) | 00:01:05 | 00:15:47 (42)  | 01:32:16 |
| 40      | 4   | Bartosz   | Andrzejewski     | GRA-COM Centrum Rowerowe Murowana Goślina / Murowana Goślina | POL  | 1985 | M2   | 14      | 39 |   | 00:22:00 (31)  | 00:01:53 | 00:51:29 (43) | 00:01:21 | 00:15:42 (41)  | 01:32:25 |
| 41      | 120 | Bartosz   | Michalski        | Poznań   | POL  | 1985 | M2   | 15      | 40 |   | 00:24:26 (62)  | 00:01:19 | 00:49:41 (35) | 00:00:59 | 00:16:16 (50)  | 01:32:41 |
| 42      | 162 | Jacek     | Semeniuk         | Poznań   | POL  | 1979 | M3   | 19      | 41 |   | 00:21:25 (23)  | 00:01:32 | 00:53:56 (60) | 00:00:55 | 00:15:01 (32)  | 01:32:49 |
| 43      | 163 | Łukasz    | Semeniuk         | Walka Kostrzyn / Iwno  | POL  | 1979 | M3   | 20      | 42 |   | 00:21:25 (24)  | 00:01:32 | 00:53:57 (61) | 00:00:54 | 00:15:01 (33)  | 01:32:49 |
| 44      | 179 | Jarosław  | Szygenda         | Maratończyk Poznań / Poznań                                  | POL  | 1972 | M3   | 21      | 43 |   | 00:22:37 (39)  | 00:01:09 | 00:52:27 (47) | 00:00:42 | 00:16:01 (45)  | 01:32:56 |
| 45      | 119 | Tomasz    | Michalak         | Komorniki  | POL  | 1978 | M3   | 22      | 44 |   | 00:23:28 (45)  | 00:01:30 | 00:50:29 (37) | 00:01:19 | 00:16:44 (57)  | 01:33:30 |
| 46      | 108 | Artur     | Luty             | Wesoły Rower / Murowana Goślina                              | POL  | 1969 | M4   | 5       | 45 |   | 00:22:29 (35)  | 00:01:24 | 00:53:10 (49) | 00:00:46 | 00:17:08 (64)  | 01:34:57 |
| 47      | 183 | Paweł     | Tarnowski        | TRZY SMAKI Pobiedziska / Poznań                              | POL  | 1981 | M3   | 23      | 46 |   | 00:25:45 (82)  | 00:02:26 | 00:48:44 (27) | 00:01:26 | 00:17:36 (74)  | 01:35:57 |
| 48      | 45  | Piotr     | Gos              | SAN ESCOBAR RUNNING TEAM / Poznań                            | POL  | 1976 | M3   | 24      | 47 |   | 00:22:51 (40)  | 00:02:08 | 00:54:18 (63) | 00:01:31 | 00:15:17 (38)  | 01:36:05 |
| 49      | 15  | Jacek     | Bożkiewicz       | MOUNTI / Murowana Goślina                                    | POL  | 1975 | M3   | 25      | 48 |   | 00:24:08 (55)  | 00:02:29 | 00:50:59 (42) | 00:01:10 | 00:17:25 (70)  | 01:36:11 |
| 50      | 132 | Tomasz    | Nowak            | Witkowo Biega / Witkowo                                      | POL  | 1980 | M3   | 26      | 49 |   | 00:24:14 (57)  | 00:01:41 | 00:53:25 (53) | 00:01:13 | 00:16:11 (46)  | 01:36:44 |
| 51      | 87  | Piotr     | Korytek          | Witkowo Biega / Witkowo                                      | POL  | 1973 | M3   | 27      | 50 |   | 00:24:15 (58)  | 00:01:31 | 00:53:37 (56) | 00:01:05 | 00:16:17 (51)  | 01:36:45 |
| 52      | 145 | Mariusz   | Pietrowski       | KTOŚTAKI biegają / POZNAŃ                                    | POL  | 1962 | M4   | 6       | 51 |   | 00:24:25 (61)  | 00:01:01 | 00:54:11 (62) | 00:00:40 | 00:16:51 (59)  | 01:37:08 |
| 53      | 74  | Artur     | Kasperski        | Goggle PAE Team / Poznań                                     | POL  | 1979 | M3   | 28      | 52 |   | 00:23:46 (49)  | 00:01:03 | 00:55:34 (68) | 00:00:50 | 00:16:12 (47)  | 01:37:25 |
| 54      | 9   | Rafał     | Biernat          | AF Mosina Team / Krosinko                                    | POL  | 1976 | M3   | 29      | 53 |   | 00:27:01 (98)  | 00:01:55 | 00:50:46 (41) | 00:01:16 | 00:16:32 (55)  | 01:37:30 |
| 55      | 70  | Piotr     | Kapciński        | Poznań   | POL  | 1984 | M2   | 16      | 54 |   | 00:24:00 (52)  | 00:01:33 | 00:54:44 (65) | 00:01:16 | 00:16:17 (52)  | 01:37:50 |
| 56      | 146 | Mikołaj   | Pietz            | Parkrun Poznań / biegi.wlkp / Poznań                         | POL  | 1979 | M3   | 30      | 55 |   | 00:23:44 (48)  | 00:01:58 | 00:54:34 (64) | 00:01:19 | 00:16:40 (56)  | 01:38:15 |
| 57      | 156 | Marcin    | Rogowski         | Skórzewo   | POL  | 1990 | M2   | 17      | 56 |   | 00:21:36 (26)  | 00:01:10 | 00:55:41 (70) | 00:00:45 | 00:19:10 (101) | 01:38:22 |
| 58      | 149 | Waldemar  | Przybylski       | AMT Team Dolsk / Śrem  | POL  | 1973 | M3   | 31      | 57 |   | 00:24:27 (63)  | 00:02:15 | 00:53:30 (54) | 00:01:22 | 00:17:07 (63)  | 01:38:41 |
| 59      | 148 | Dorota    | Przybylak        | AdRunalinea team / Swarzędz                                  | POL  | 1993 | K1   | 2       |    | 2 | 00:23:46 (50)  | 00:01:21 | 00:56:40 (76) | 00:00:56 | 00:15:59 (44)  | 01:38:42 |
| 60      | 133 | Andrzej   | Nowicki          | RUNNING TEAM MILICZ / Milicz                                 | POL  | 1963 | M4   | 7       | 58 |   | 00:23:40 (47)  | 00:01:06 | 00:57:04 (79) | 00:00:47 | 00:16:13 (48)  | 01:38:50 |
| 61      | 29  | Maciej    | Ćwikliński       | ĆwikłaTeam / Koninko   | POL  | 1974 | M3   | 32      | 59 |   | 00:23:53 (51)  | 00:01:07 | 00:56:18 (75) | 00:01:11 | 00:17:09 (65)  | 01:39:38 |
| 62      | 126 | Tomasz    | Nawrocki         | KB Gepard Murowana Goślina / Rakownia                        | POL  | 1978 | M3   | 33      | 60 |   | 00:25:46 (83)  | 00:01:19 | 00:53:23 (50) | 00:00:50 | 00:18:43 (88)  | 01:40:01 |
| 63      | 88  | Sebastian | Korytowski       | Motiv Home Team / Poznań                                     | POL  | 1977 | M3   | 34      | 61 |   | 00:24:12 (56)  | 00:01:34 | 00:55:35 (69) | 00:02:14 | 00:17:22 (69)  | 01:40:57 |
| 64      | 173 | Rafał     | Studnicki        | 29 MTB Maraton Team Poznań / Poznań                          | POL  | 1977 | M3   | 35      | 62 |   | 00:27:48 (111) | 00:02:45 | 00:49:28 (31) | 00:01:59 | 00:19:03 (96)  | 01:41:03 |
| 65      | 78  | Jacek     | Kęsicki          | Czerwonak  | POL  | 1982 | M2   | 18      | 63 |   | 00:25:30 (78)  | 00:02:07 | 00:52:37 (48) | 00:02:16 | 00:18:45 (90)  | 01:41:15 |
| 66      | 93  | Michał    | Koźma            | Poznań   | POL  | 1980 | M3   | 36      | 64 |   | 00:24:22 (60)  | 00:02:35 | 00:53:24 (52) | 00:01:34 | 00:19:29 (109) | 01:41:24 |
| 67      | 53  | Joanna    | Guzik            | Nowy Tomyśl  | POL  | 1984 | K2   | 1       |    | 3 | 00:24:40 (68)  | 00:02:00 | 00:57:17 (81) | 00:01:14 | 00:16:14 (49)  | 01:41:25 |
| 68      | 86  | Karolina  | Kornacka Cyranik | Supersportowy Team / Murowana Goslina                        | POL  | 1983 | K2   | 2       |    | 4 | 00:26:59 (97)  | 00:01:18 | 00:53:54 (59) | 00:00:56 | 00:19:05 (98)  | 01:42:12 |
| 69      | 35  | Nodirzon  | Farmonow         | MTB TEAM PARKOWE / KOMORNIKI                                 | POL  | 1981 | M3   | 37      | 65 |   | 00:25:06 (75)  | 00:01:38 | 00:55:00 (67) | 00:01:53 | 00:18:54 (94)  | 01:42:31 |
| 70      | 122 | Maciej    | Migdalczyk       | Morsy Chodzież / Chodzież                                    | POL  | 1982 | M2   | 19      | 66 |   | 00:25:06 (76)  | 00:01:32 | 00:58:03 (83) | 00:00:55 | 00:16:56 (60)  | 01:42:32 |
| 71      | 141 | Jacek     | Pieczyński       | SR Katorznik Murowana Goślina / Murowana Goślina             | POL  | 1980 | M3   | 38      | 67 |   | 00:27:01 (99)  | 00:02:57 | 00:51:42 (45) | 00:01:45 | 00:19:07 (99)  | 01:42:32 |

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| Miejsce | Nr  | Imię       | Nazwisko       | Klub / Miejscowość                                | Kraj | Rok  | Kat. | Miejsce |    |   | Bieg 1         | T1       | Rower          | T2       | Bieg 2         | Wynik    |
|---------|-----|------------|----------------|---|------|------|------|---------|----|---|----------------|----------|----------------|----------|----------------|----------|
|         |     |            |                |   |      |      |      | kat.    | M  | K |                |          |                |          |                |          |
| 72      | 43  | Michał     | Glinka         | Triathlon Mietków Team / Lubsko                   | POL  | 1979 | M3   | 39      | 68 |   | 00:24:38 (66)  | 00:02:11 | 00:54:53 (66)  | 00:01:44 | 00:19:25 (107) | 01:42:51 |
| 73      | 32  | Łukasz     | Dudkowiak      | FWK TEAM ROGOŻNO / Rogożno wlkp                   | POL  | 1977 | M3   | 40      | 69 |   | 00:24:53 (71)  | 00:01:29 | 00:58:31 (86)  | 00:01:03 | 00:17:06 (62)  | 01:43:02 |
| 74      | 199 | Witold     | Woźnicki       | Satpol GKKG / KŁECKO                              | POL  | 1965 | M4   | 8       | 70 |   | 00:26:16 (92)  | 00:01:59 | 00:53:31 (55)  | 00:01:53 | 00:19:27 (108) | 01:43:06 |
| 75      | 144 | Robert     | Pietek         | Ofix.pl Bike Team / Murowana Goślina              | POL  | 1972 | M3   | 41      | 71 |   | 00:27:10 (102) | 00:01:53 | 00:53:49 (58)  | 00:01:16 | 00:19:00 (95)  | 01:43:08 |
| 76      | 204 | Michał     | Zboralski      | POZNAŃ  | POL  | 1975 | M3   | 42      | 72 |   | 00:24:01 (53)  | 00:01:05 | 01:00:22 (93)  | 00:01:03 | 00:16:44 (58)  | 01:43:15 |
| 77      | 47  | Damian     | Graczyk        | Czerwonak Biega / Owińska                         | POL  | 1982 | M2   | 20      | 73 |   | 00:25:07 (77)  | 00:02:19 | 00:58:45 (89)  | 00:01:17 | 00:16:20 (53)  | 01:43:48 |
| 78      | 168 | Karol      | Sobiech        | Night Runners / Pobiedziska                       | POL  | 1982 | M2   | 21      | 74 |   | 00:25:04 (73)  | 00:01:41 | 00:58:24 (84)  | 00:01:11 | 00:18:40 (87)  | 01:45:00 |
| 79      | 188 | Marcin     | Wasiak         | Marzenie Wasiaków / Koło                          | POL  | 1973 | M3   | 43      | 75 |   | 00:22:09 (33)  | 00:02:45 | 01:00:14 (92)  | 00:02:44 | 00:17:10 (66)  | 01:45:02 |
| 80      | 116 | Maciej     | Marczak        | Komorniki   | POL  | 1979 | M3   | 44      | 76 |   | 00:26:07 (89)  | 00:01:53 | 00:55:42 (71)  | 00:01:28 | 00:20:03 (118) | 01:45:13 |
| 81      | 69  | Dawid      | Kaczmarek      | Hernik Team / Luboń                               | POL  | 1988 | M2   | 22      | 77 |   | 00:25:38 (81)  | 00:01:13 | 00:59:27 (90)  | 00:00:42 | 00:18:44 (89)  | 01:45:44 |
| 82      | 80  | Tadeusz    | Kłos           | T-Kłos Team Murowana Goślina / Murowana Goślina   | POL  | 1959 | M4   | 9       | 78 |   | 00:26:03 (88)  | 00:02:18 | 00:57:56 (82)  | 00:00:42 | 00:19:10 (102) | 01:46:09 |
| 83      | 20  | Maciej     | Bulzacki       | Promienko   | POL  | 1978 | M3   | 45      | 79 |   | 00:25:31 (79)  | 00:02:01 | 00:56:50 (78)  | 00:01:51 | 00:20:01 (117) | 01:46:14 |
| 84      | 198 | Stawomir   | Woźnicki       | Satpol GKKG / KŁECKO                              | POL  | 1965 | M4   | 10      | 80 |   | 00:27:13 (103) | 00:02:33 | 00:55:55 (72)  | 00:01:22 | 00:19:20 (104) | 01:46:23 |
| 85      | 112 | Marek      | Maciaszczyk    | FWK TEAM ROGOŻNO / Rogożno                        | POL  | 1965 | M4   | 11      | 81 |   | 00:27:01 (100) | 00:01:11 | 00:58:39 (87)  | 00:00:46 | 00:19:04 (97)  | 01:46:41 |
| 86      | 25  | Adrian     | Czapczyk       | Poznań  | POL  | 1981 | M3   | 46      | 82 |   | 00:24:39 (67)  | 00:01:12 | 01:02:17 (103) | 00:00:41 | 00:18:06 (80)  | 01:46:55 |
| 87      | 92  | Leszek     | Kozioł         | K2 WIN Eska Team / Zielonka                       | POL  | 1962 | M4   | 12      | 83 |   | 00:28:46 (127) | 00:02:21 | 00:56:47 (77)  | 00:01:39 | 00:18:39 (85)  | 01:48:12 |
| 88      | 33  | Bartosz    | Eleganczyk     | Ryanair Flying Team / Koziegłowy/ Owinska         | POL  | 1982 | M2   | 23      | 84 |   | 00:26:54 (96)  | 00:01:45 | 01:00:40 (95)  | 00:01:04 | 00:18:05 (79)  | 01:48:28 |
| 89      | 54  | Agnieszka  | Hajduk-Nowicka | Pobiedziska Running Team / Stęszewko              | POL  | 1983 | K2   | 3       |    | 5 | 00:25:05 (74)  | 00:01:41 | 01:02:31 (104) | 00:01:43 | 00:17:29 (71)  | 01:48:29 |
| 90      | 84  | Waldemar   | Kopczyński     | LEMOT / PUSZCZYKOWO                               | POL  | 1958 | M4   | 13      | 85 |   | 00:27:47 (110) | 00:01:55 | 00:58:24 (85)  | 00:01:46 | 00:19:44 (114) | 01:49:36 |
| 91      | 5   | Tomasz     | Antowski       | Hernik Team / Poznań                              | POL  | 1966 | M4   | 14      | 86 |   | 00:24:20 (59)  | 00:03:01 | 01:04:50 (113) | 00:02:04 | 00:15:22 (39)  | 01:49:37 |
| 92      | 7   | Przemysław | Baraniak       | KB Katorżnik Murowana Goślina / Bolechowo-Osiedle | POL  | 1975 | M3   | 47      | 87 |   | 00:28:08 (117) | 00:02:31 | 00:56:06 (74)  | 00:01:33 | 00:21:21 (129) | 01:49:39 |
| 93      | 189 | Tomasz     | Wasiak         | Tata Kuby i Patryka / Poznań                      | POL  | 1971 | M4   | 15      | 88 |   | 00:27:58 (115) | 00:01:31 | 01:00:02 (91)  | 00:00:53 | 00:19:23 (106) | 01:49:47 |
| 94      | 37  | Ewa        | Felkel         | Piątkowo na Biegowo / Poznań                      | POL  | 1973 | K3   | 1       |    | 6 | 00:27:03 (101) | 00:02:36 | 01:01:18 (100) | 00:01:14 | 00:17:46 (77)  | 01:49:57 |
| 95      | 111 | Mateusz    | Łukasik        | Bagdasarian Boxing Club / Poznań                  | POL  | 1990 | M2   | 24      | 89 |   | 00:27:32 (105) | 00:01:35 | 01:00:45 (97)  | 00:01:25 | 00:18:51 (92)  | 01:50:08 |
| 96      | 167 | Wojciech   | Skrudlik       | Night Runners / Poznan                            | POL  | 1976 | M3   | 48      | 90 |   | 00:25:37 (80)  | 00:01:39 | 01:05:01 (115) | 00:01:07 | 00:17:04 (61)  | 01:50:28 |
| 97      | 109 | Paweł      | Łuczak         | Poznań  | POL  | 1996 | M1   | 4       | 91 |   | 00:24:58 (72)  | 00:01:51 | 01:03:07 (105) | 00:01:23 | 00:19:18 (103) | 01:50:37 |
| 98      | 178 | Remigiusz  | Szydrowski     | Zalasewo / Zalasewo                               | POL  | 1962 | M4   | 16      | 92 |   | 00:27:51 (113) | 00:02:10 | 00:57:16 (80)  | 00:01:35 | 00:21:53 (133) | 01:50:45 |
| 99      | 28  | Marcin     | Czywczyński    | xRunners / Poznań                                 | POL  | 1983 | M2   | 25      | 93 |   | 00:24:48 (70)  | 00:01:45 | 01:05:55 (116) | 00:01:04 | 00:17:21 (68)  | 01:50:53 |
| 100     | 107 | Krzysztof  | Ludzkowski     | KB Katorżnik Murowana Goślina / Murowana Goślina  | POL  | 1991 | M2   | 26      | 94 |   | 00:31:07 (142) | 00:02:03 | 00:53:23 (51)  | 00:01:30 | 00:22:52 (141) | 01:50:55 |
| 101     | 136 | Stawomir   | Otto           | Poznań  | POL  | 1965 | M4   | 17      | 95 |   | 00:27:31 (104) | 00:01:57 | 01:01:13 (99)  | 00:01:15 | 00:19:09 (100) | 01:51:05 |
| 102     | 143 | Mariusz    | Piesik         | Maniek Biegalski Individuell / Kliny              | POL  | 1959 | M4   | 18      | 96 |   | 00:25:57 (86)  | 00:01:28 | 01:04:06 (110) | 00:01:24 | 00:18:12 (82)  | 01:51:07 |
| 103     | 161 | Daria      | Saturniewicz   | Poznań  | POL  | 1990 | K2   | 4       |    | 7 | 00:27:45 (109) | 00:01:35 | 01:01:52 (102) | 00:01:09 | 00:18:46 (91)  | 01:51:07 |
| 104     | 125 | Dariusz    | Naskręt        | Murowana Biega / Murowana Goslina                 | POL  | 1979 | M3   | 49      | 97 |   | 00:25:59 (87)  | 00:01:51 | 01:04:50 (114) | 00:01:10 | 00:17:34 (73)  | 01:51:24 |
| 105     | 142 | Robert     | Pieczczyński   | Moto-Centrala / Luboń                             | POL  | 1965 | M4   | 19      | 98 |   | 00:28:36 (124) | 00:02:01 | 01:00:31 (94)  | 00:01:45 | 00:18:39 (86)  | 01:51:32 |
| 106     | 42  | Piotr      | Gizelski       | Piątkowo na Biegowo / Poznań                      | POL  | 1969 | M4   | 20      | 99 |   | 00:28:11 (118) | 00:01:27 | 00:56:01 (73)  | 00:01:04 | 00:24:56 (149) | 01:51:39 |

## Wyniki



| Miejsce | Nr  | Imię       | Nazwisko     | Klub / Miejscowość                               | Kraj | Rok  | Kat. | Miejsce |     |    | Bieg 1         | T1       | Rower          | T2       | Bieg 2         | Wynik    |
|---------|-----|------------|--------------|--|------|------|------|---------|-----|----|----------------|----------|----------------|----------|----------------|----------|
|         |     |            |              |  |      |      |      | kat.    | M   | K  |                |          |                |          |                |          |
| 107     | 65  | Szymon     | Jaś          | Nie Ma Lipy Swarzędz Team / Swarzędz             | POL  | 1974 | M3   | 50      | 100 |    | 00:28:32 (123) | 00:01:44 | 01:00:44 (96)  | 00:01:06 | 00:20:09 (120) | 01:52:15 |
| 108     | 139 | Szymon     | Pędziański   | Murowana Goślina                                 | POL  | 1976 | M3   | 51      | 101 |    | 00:25:55 (85)  | 00:01:48 | 01:03:39 (108) | 00:01:10 | 00:19:55 (116) | 01:52:27 |
| 109     | 39  | Anna       | Gabryel      | Tuczno   | POL  | 1981 | K3   | 2       |     | 8  | 00:26:14 (90)  | 00:01:25 | 01:06:48 (122) | 00:01:13 | 00:17:57 (78)  | 01:53:37 |
| 110     | 59  | Sebastian  | Jambrozek    | Drużyna Szpiku / Poznań                          | POL  | 1982 | M2   | 27      | 102 |    | 00:25:54 (84)  | 00:01:27 | 01:06:38 (120) | 00:00:53 | 00:19:20 (105) | 01:54:12 |
| 111     | 128 | Małgorzata | Nita         | Lewa Wolna / Poznań                              | POL  | 1971 | K4   | 1       |     | 9  | 00:27:55 (114) | 00:01:25 | 01:04:38 (112) | 00:00:49 | 00:19:30 (110) | 01:54:17 |
| 112     | 203 | Jadwiga    | Zbąszyniak   | Poznań   | POL  | 1987 | K2   | 5       |     | 10 | 00:26:24 (94)  | 00:01:41 | 01:06:44 (121) | 00:00:59 | 00:18:34 (83)  | 01:54:22 |
| 113     | 12  | Zbigniew   | Bocian       | 2. Skrzydło Lotnictwa Taktycznego / Poznań       | POL  | 1967 | M4   | 21      | 103 |    | 00:28:15 (120) | 00:01:37 | 01:03:12 (106) | 00:01:21 | 00:20:03 (119) | 01:54:28 |
| 114     | 48  | Jacek      | Grajzer      | Rooveromania Team Poznan / Poznan                | POL  | 1966 | M4   | 22      | 104 |    | 00:30:59 (141) | 00:01:30 | 00:58:42 (88)  | 00:00:59 | 00:22:19 (139) | 01:54:29 |
| 115     | 205 | Karolina   | Kalas        | Piła   | POL  | 1975 | K3   | 3       |     | 11 | 00:27:49 (112) | 00:01:36 | 01:06:10 (119) | 00:00:50 | 00:18:10 (81)  | 01:54:35 |
| 116     | 36  | Piotr      | Felczykowski | Witkowo Biega / Witkowo                          | POL  | 1975 | M3   | 52      | 105 |    | 00:29:48 (134) | 00:01:34 | 01:01:05 (98)  | 00:01:08 | 00:21:01 (128) | 01:54:36 |
| 117     | 154 | Małgorzata | Putowska     | Adrenalina Fitness Team / Mosina                 | POL  | 1962 | K4   | 2       |     | 12 | 00:26:15 (91)  | 00:01:21 | 01:09:23 (128) | 00:00:48 | 00:17:32 (72)  | 01:55:19 |
| 118     | 182 | Bartosz    | Tabat        | KB Katorżnik Murowana Goślina / Murowana Goślina | POL  | 1984 | M2   | 28      | 106 |    | 00:24:27 (64)  | 00:01:21 | 01:12:10 (140) | 00:00:58 | 00:17:41 (75)  | 01:56:37 |
| 119     | 165 | Marzena    | Siankiewicz  | Czerwonak Biega / Koziegłowy                     | POL  | 1973 | K3   | 4       |     | 13 | 00:26:39 (95)  | 00:02:14 | 01:07:55 (123) | 00:00:58 | 00:19:31 (112) | 01:57:17 |
| 120     | 34  | Michał     | Eleganczyk   | Dzikozaurus Trim / Koziegłowy                    | POL  | 1979 | M3   | 53      | 107 |    | 00:30:04 (137) | 00:01:37 | 01:03:31 (107) | 00:01:19 | 00:20:58 (127) | 01:57:29 |
| 121     | 118 | Izabela    | Michalak     | Komorniki  | POL  | 1979 | K3   | 5       |     | 14 | 00:27:34 (106) | 00:01:14 | 01:08:35 (126) | 00:01:04 | 00:19:53 (115) | 01:58:20 |
| 122     | 41  | Agnieszka  | Gizelska     | Piątkowo na Biegowo / Poznań                     | POL  | 1971 | K4   | 3       |     | 15 | 00:27:34 (107) | 00:02:13 | 01:09:25 (130) | 00:01:26 | 00:17:44 (76)  | 01:58:22 |
| 123     | 180 | Łukasz     | Szymański    | Huragan Szklarka Poznań / Poznań                 | POL  | 1980 | M3   | 54      | 108 |    | 00:29:45 (133) | 00:02:36 | 01:03:59 (109) | 00:02:03 | 00:20:52 (125) | 01:59:15 |
| 124     | 91  | Karolina   | Kozioł       | K2 WIN Eska Team / Zielonka                      | POL  | 1992 | K1   | 3       |     | 16 | 00:33:17 (154) | 00:01:05 | 01:01:34 (101) | 00:00:52 | 00:23:06 (142) | 01:59:54 |
| 125     | 169 | Agnieszka  | Sobisiak     | Kamyk / Poznań                                   | POL  | 1971 | K4   | 4       |     | 17 | 00:30:11 (138) | 00:01:36 | 01:08:14 (124) | 00:01:03 | 00:18:52 (93)  | 01:59:56 |
| 126     | 38  | Robert     | Frankowski   | Biskupice  | POL  | 1973 | M3   | 55      | 109 |    | 00:26:23 (93)  | 00:02:10 | 01:04:29 (111) | 00:03:50 | 00:23:16 (143) | 02:00:08 |
| 127     | 131 | Irmína     | Nowak        | Murowana Goślina                                 | POL  | 1989 | K2   | 6       |     | 18 | 00:30:37 (139) | 00:01:19 | 01:05:56 (118) | 00:00:52 | 00:21:39 (132) | 02:00:23 |
| 128     | 200 | Dorota     | Wszędybył    | ĆwikłaTeam / Poznań                              | POL  | 1986 | K2   | 7       |     | 19 | 00:27:38 (108) | 00:01:55 | 01:10:27 (134) | 00:01:12 | 00:19:39 (113) | 02:00:51 |
| 129     | 96  | Ilona      | Krzyżaniak   | Piątkowo na Biegowo / Poznań                     | POL  | 1977 | K3   | 6       |     | 20 | 00:28:12 (119) | 00:02:42 | 01:09:33 (131) | 00:01:19 | 00:20:30 (121) | 02:02:16 |
| 130     | 104 | Edyta      | Ludzowska    | KB Katorżnik Murowana Goślina / Murowana Goślina | POL  | 1968 | K4   | 5       |     | 21 | 00:29:24 (130) | 00:01:28 | 01:09:23 (129) | 00:00:49 | 00:22:02 (134) | 02:03:06 |
| 131     | 110 | Joanna     | Łukasik      | Poznań   | POL  | 1990 | K2   | 8       |     | 22 | 00:29:14 (129) | 00:01:26 | 01:11:09 (138) | 00:00:56 | 00:20:41 (122) | 02:03:26 |
| 132     | 2   | Agnieszka  | Andrzejewska | Murowana Goślina                                 | POL  | 1975 | K3   | 7       |     | 23 | 00:28:06 (116) | 00:01:57 | 01:13:25 (144) | 00:01:10 | 00:19:30 (111) | 02:04:08 |
| 133     | 105 | Klaudia    | Ludzowska    | KB Katorżnik Murowana Goślina / Murowana Goślina | POL  | 1999 | K1   | 4       |     | 24 | 00:29:42 (132) | 00:01:28 | 01:10:47 (135) | 00:00:46 | 00:22:03 (135) | 02:04:46 |
| 134     | 1   | Ewa        | Adamska      | Hernik Team / Komorniki                          | POL  | 1984 | K2   | 9       |     | 25 | 00:32:14 (148) | 00:01:43 | 01:08:53 (127) | 00:01:03 | 00:20:57 (126) | 02:04:50 |
| 135     | 55  | Krzysztof  | Hernik       | Hernik Team / POZNAŃ                             | POL  | 1966 | M4   | 23      | 110 |    | 00:32:14 (149) | 00:01:39 | 01:10:50 (136) | 00:01:33 | 00:18:35 (84)  | 02:04:51 |
| 136     | 160 | Monika     | Sańanowska   | RKS Leonin / poznań                              | POL  | 1985 | K2   | 10      |     | 26 | 00:29:12 (128) | 00:01:55 | 01:10:57 (137) | 00:01:09 | 00:22:06 (136) | 02:05:19 |
| 137     | 89  | Dagmara    | Kościełniak  | Czerwonak Biega / Czerwonak                      | POL  | 1977 | K3   | 8       |     | 27 | 00:29:49 (136) | 00:02:19 | 01:10:10 (133) | 00:01:08 | 00:22:13 (138) | 02:05:39 |
| 138     | 135 | Krzysztof  | Olszański    | Ofix.pl Bike Team / Poznań                       | POL  | 1980 | M3   | 56      | 111 |    | 00:31:51 (145) | 00:02:21 | 01:05:55 (117) | 00:01:46 | 00:25:04 (151) | 02:06:57 |
| 139     | 63  | Katarzyna  | Janke        | Allesport.pl / Poznań                            | POL  | 1986 | K2   | 11      |     | 28 | 00:32:28 (151) | 00:01:54 | 01:12:25 (142) | 00:00:42 | 00:22:10 (137) | 02:09:39 |
| 140     | 21  | Ewelina    | Burzyńska    | Natura Biedrusko / Biedrusko                     | POL  | 1978 | K3   | 9       |     | 29 | 00:24:42 (69)  | 00:02:11 | 01:25:34 (156) | 00:01:25 | 00:15:47 (43)  | 02:09:39 |
| 141     | 197 | Beata      | Woźniak      | Koziegłowy                                       | POL  | 1977 | K3   | 10      |     | 30 | 00:29:48 (135) | 00:02:41 | 01:14:23 (145) | 00:02:07 | 00:21:31 (130) | 02:10:30 |

## Wyniki



| Miejsce | Nr  | Imię      | Nazwisko             | Klub / Miejscowość                    | Kraj | Rok  | Kat. | Miejsce |     |    | Bieg 1         | T1       | Rower          | T2       | Bieg 2         | Wynik    |
|---------|-----|-----------|----------------------|---------------------------------------|------|------|------|---------|-----|----|----------------|----------|----------------|----------|----------------|----------|
|         |     |           |                      |                                       |      |      |      | kat.    | M   | K  |                |          |                |          |                |          |
| 142     | 49  | Ilona     | Gruszka              | Murowana Goślina                      | POL  | 1978 | K3   | 11      |     | 31 | 00:32:06 (147) | 00:01:54 | 01:12:10 (141) | 00:01:01 | 00:23:35 (144) | 02:10:46 |
| 143     | 186 | Waldemar  | Warguła              | KIBOLSKI KS / Rakownia                | POL  | 1980 | M3   | 57      | 112 |    | 00:32:01 (146) | 00:02:09 | 01:11:59 (139) | 00:01:53 | 00:22:44 (140) | 02:10:46 |
| 144     | 117 | Stawomir  | Mecler               | Mielżyn                               | POL  | 1981 | M3   | 58      | 113 |    | 00:31:43 (143) | 00:02:38 | 01:10:06 (132) | 00:01:47 | 00:24:59 (150) | 02:11:13 |
| 145     | 185 | Danuta    | Walczak              | Race Team Poznań / Poznań             | POL  | 1981 | K3   | 12      |     | 32 | 00:28:19 (121) | 00:01:25 | 01:20:34 (152) | 00:01:32 | 00:20:48 (123) | 02:12:38 |
| 146     | 95  | Anna      | Krzyżaniak           | Poznań Race Team / Poznań             | POL  | 1988 | K2   | 12      |     | 33 | 00:28:38 (125) | 00:01:57 | 01:19:47 (151) | 00:01:29 | 00:20:48 (124) | 02:12:39 |
| 147     | 140 | Bartosz   | Piątkowski           | Dębogóra                              | POL  | 1980 | M3   | 59      | 114 |    | 00:35:57 (157) | 00:01:21 | 01:08:32 (125) | 00:00:40 | 00:26:26 (155) | 02:12:56 |
| 148     | 73  | Maciej    | Kasperczak           | Hernik Team / Murowana Goślina        | POL  | 1976 | M3   | 60      | 115 |    | 00:32:15 (150) | 00:01:42 | 01:14:39 (146) | 00:00:55 | 00:23:52 (145) | 02:13:23 |
| 149     | 26  | Grzegorz  | Czasak               | Witkowo Biega / Witkowo               | POL  | 1971 | M4   | 24      | 116 |    | 00:30:38 (140) | 00:01:40 | 01:15:33 (147) | 00:01:13 | 00:24:23 (146) | 02:13:27 |
| 150     | 90  | Maciej    | Kościelniak          | Czerwonak Biega / Czerwonak           | POL  | 1997 | M1   | 5       | 117 |    | 00:28:26 (122) | 00:02:43 | 01:15:41 (148) | 00:01:21 | 00:25:59 (154) | 02:14:10 |
| 151     | 181 | Katarzyna | Śmigielska-Kozioł    | K2 WIN Eska Team / Zielonka           | POL  | 1961 | K4   | 6       |     | 34 | 00:34:08 (156) | 00:01:32 | 01:13:12 (143) | 00:01:17 | 00:26:36 (156) | 02:16:45 |
| 152     | 16  | Krzysztof | Brychczyński         | WATAHA TEAM / Poznań                  | POL  | 1980 | M3   | 61      | 118 |    | 00:28:42 (126) | 00:01:28 | 01:21:38 (154) | 00:01:03 | 00:24:27 (147) | 02:17:18 |
| 153     | 121 | Dominik   | Michałowski          | Supersportowy Team / Murowana Goślina | POL  | 1988 | M2   | 29      | 119 |    | 00:32:37 (153) | 00:01:40 | 01:18:49 (149) | 00:01:16 | 00:25:33 (153) | 02:19:55 |
| 154     | 101 | Natalia   | Leśna                | Paciaciaki Team / Murowana Goślina    | POL  | 1986 | K2   | 13      |     | 35 | 00:32:36 (152) | 00:01:33 | 01:19:03 (150) | 00:01:11 | 00:25:32 (152) | 02:19:55 |
| 155     | 184 | Kasia     | Teresiak - Piechocka | Poznań                                | POL  | 1980 | K3   | 13      |     | 36 | 00:29:30 (131) | 00:02:07 | 01:26:43 (157) | 00:01:00 | 00:21:32 (131) | 02:20:52 |
| 156     | 19  | Izabela   | Bulzacka             | Promienko                             | POL  | 1976 | K3   | 14      |     | 37 | 00:31:49 (144) | 00:01:38 | 01:22:45 (155) | 00:01:13 | 00:24:45 (148) | 02:22:10 |
| 157     | 98  | Magdalena | Kunke                | wkurw_team / Mieścisko                | POL  | 1993 | K1   | 5       |     | 38 | 00:35:57 (158) | 00:02:14 | 01:21:06 (153) | 00:01:18 | 00:28:31 (157) | 02:29:06 |
| DNF     | 17  | Izabella  | Buczowska            | Luboń / Luboń                         | POL  | 1990 | K2   |         |     |    | 00:33:57 (155) | 00:02:10 |                |          |                |          |

RAZEM: 158