

## Wyniki

1/10 IM



Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
1	199	Marcin	Kutkowski	zmierz-nie-szacuj.pl Badania wydolnościowe / Tarnowo Podgórne	POL	1995	M20	1	1		00:05:07 (1)	00:01:29	00:26:00 (10)	00:00:32	00:16:27 (3)	00:49:35
2	348	Paweł	Kotowski	GT RAT / Wrocław	POL	1989	M20	2	2		00:06:14 (9)	00:01:28	00:26:16 (13)	00:00:40	00:16:42 (5)	00:51:20
3	184	Tomasz	Kosicki	UKS Lusowo/zmierz-nie-szacuj.pl / Lusówko	POL	1989	M20	3	3		00:06:27 (11)	00:01:31	00:25:59 (9)	00:00:31	00:16:57 (7)	00:51:25
4	144	Adam	Zaworski	Iron Triathlon Pleszew / Raszków	POL	1990	M20	4	4		00:06:41 (14)	00:02:04	00:25:15 (7)	00:00:32	00:17:02 (8)	00:51:34
5	117	Maksymilian	Szatecki	AKL Ursynów Warszawa / Warszawa	POL	1996	M20	5	5		00:07:23 (26)	00:01:29	00:27:20 (33)	00:00:47	00:14:50 (1)	00:51:49
6	120	Jakub	Stryczyński	AZS AWF Poznań / Komorniki	POL	2001	M20	6	6		00:05:56 (8)	00:01:40	00:26:25 (17)	00:00:30	00:17:44 (15)	00:52:15
7	187	Wojciech	Bressa	Wojbres-Trans / Poznań	POL	1989	M20	7	7		00:07:15 (24)	00:01:40	00:25:06 (5)	00:00:35	00:17:42 (14)	00:52:18
8	240	Dawid	Sworek	Poznań	POL	1988	M20	8	8		00:07:24 (27)	00:01:43	00:24:54 (1)	00:00:33	00:17:44 (16)	00:52:18
9	183	Aleksander	Sęczkowski	UKS CITYZEN_/BE3 / Koziegłowy	POL	1995	M20	9	9		00:05:26 (2)	00:02:05	00:26:20 (14)	00:00:39	00:18:26 (22)	00:52:56
10	122	Michał	Binkowski	Biniu Team / Poznań	POL	1989	M20	10	10		00:06:46 (17)	00:02:00	00:25:12 (6)	00:00:33	00:18:37 (31)	00:53:08
11	123	Tomasz	Kunde	bydgoszcz triathlon team / Lipniki	POL	1990	M20	11	11		00:06:33 (13)	00:01:59	00:25:30 (8)	00:00:39	00:18:28 (25)	00:53:09
12	151	Piotr	Wejman	LITWIN TRIATHLON TEAM / Rychwał	POL	1984	M30	1	12		00:08:14 (54)	00:01:43	00:26:30 (19)	00:00:33	00:16:27 (4)	00:53:27
13	188	Marek	Dembiński	Wójtowicz TRI Team / Poznań	POL	1974	M40	1	13		00:06:32 (12)	00:02:10	00:26:22 (16)	00:00:39	00:17:44 (17)	00:53:27
14	253	Andrzej	Żurawicz	Szczecin	POL	1989	M20	12	14		00:07:44 (36)	00:01:52	00:26:25 (18)	00:00:35	00:16:53 (6)	00:53:29
15	217	Adam	Hojan	Poznań	POL	1985	M30	2	15		00:06:25 (10)	00:02:41	00:24:59 (3)	00:00:46	00:18:47 (33)	00:53:38
16	165	Filip	Orłowski	Ratownictwo Wodne Filip Orłowski/Cityzen / Poznań	POL	1982	M30	3	16		00:05:32 (5)	00:02:02	00:26:30 (20)	00:00:38	00:19:17 (50)	00:53:59
17	131	Piotr	Winter	eSesja.pl / Chomęcice	POL	1987	M30	4	17		00:07:07 (21)	00:01:52	00:25:04 (4)	00:00:53	00:19:06 (40)	00:54:02
18	121	Jadwiga	Wyrwińska	AZS AWF Poznań / Drużyna	POL	2001	K20	1		1	00:06:43 (16)	00:01:41	00:26:12 (11)	00:00:31	00:19:22 (53)	00:54:29
19	158	Edward	Królikowski	POSNANIA TRI / Plewiska	POL	1970	M40	2	18		00:08:05 (48)	00:02:02	00:27:22 (34)	00:00:38	00:16:23 (2)	00:54:30
20	239	Sebastian	Ryś	Tulce	POL	1975	M40	3	19		00:06:42 (15)	00:02:22	00:24:55 (2)	00:00:50	00:19:47 (63)	00:54:36
21	180	Jakub	Baran	UKS 9 Kalisz / Kalisz	POL	2000	M20	13	20		00:05:29 (3)	00:01:36	00:27:04 (28)	00:00:31	00:20:15 (78)	00:54:55
22	229	Krzysztof	Kozłowski	kościan	POL	1977	M40	4	21		00:07:17 (25)	00:02:35	00:26:13 (12)	00:00:48	00:18:22 (21)	00:55:15
23	201	Stanisław	Polkowski	zmierz-nie-szacuj.pl Badania wydolnościowe / Murowana Goślina	POL	1963	M50	1	22		00:07:50 (38)	00:01:57	00:26:58 (25)	00:00:36	00:18:27 (23)	00:55:48
24	271	Marcin	Nowacki	GT RAT / Wrocław	POL	1979	M30	5	23		00:07:42 (35)	00:02:08	00:26:47 (22)	00:00:48	00:18:28 (26)	00:55:53
25	153	Łukasz	Hojan	Motiv Home Team / Poznań	POL	1985	M30	6	24		00:07:40 (32)	00:02:18	00:26:42 (21)	00:00:44	00:18:33 (29)	00:55:57
26	171	Marcin	Nowak	Tata wymiata / Gądk	POL	1980	M30	7	25		00:07:41 (34)	00:01:56	00:27:09 (29)	00:00:43	00:18:47 (34)	00:56:16
27	167	Wojciech	Korzelecki	RunningTeam Milicz / Milicz	POL	1984	M30	8	26		00:07:37 (31)	00:02:11	00:27:44 (42)	00:00:42	00:18:11 (18)	00:56:25
28	197	Beniamin	Rozczyński	Zgrupka Team / Poznań	POL	1993	M20	14	27		00:08:14 (55)	00:01:02	00:26:54 (24)	00:00:49	00:19:37 (59)	00:56:36
29	177	Daniel	Kowalikowski	TriForFun Chojnice / Chojnice	POL	1990	M20	15	28		00:08:08 (51)	00:02:08	00:27:17 (32)	00:00:30	00:18:43 (32)	00:56:46
30	178	Jarek	Gackowski	Trispace / Bydgoszcz	POL	1973	M40	5	29		00:08:03 (47)	00:02:15	00:27:16 (31)	00:00:39	00:18:35 (30)	00:56:48
31	196	Daniel	Piętka	Zgrupka Team / Szczytniki	POL	1977	M40	6	30		00:07:35 (30)	00:02:08	00:26:21 (15)	00:00:47	00:20:05 (74)	00:56:56
32	50	Dawid	Wenda	Szkoła jazdy Tomas / Bydgoszcz	POL	1990	M20	16	31		00:08:53 (76)	00:02:10	00:26:52 (23)	00:00:38	00:18:30 (27)	00:57:03
33	249	Rafał	Wysmoliński	Biernatki	POL	1977	M40	7	32		00:07:47 (37)	00:02:27	00:27:28 (37)	00:00:48	00:19:01 (38)	00:57:31
34	15	Rafał	Kędziński	DE-STRESS / Bydgoszcz	POL	1977	M40	8	33		00:08:00 (44)	00:02:16	00:27:47 (44)	00:00:42	00:18:58 (37)	00:57:43

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Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
35	202	Piotr	Rostek	zmiierz-nie-szacuj.pl Badania wydolnościowe / Jelonek	POL	1961	M50	2	34		00:09:08 (85)	00:02:08	00:28:01 (54)	00:00:46	00:17:41 (13)	00:57:44
36	38	Krzysztof	Borowiecki	Radiowa Akademia Triathlonu / Wrocław	POL	1986	M30	9	35		00:09:03 (81)	00:01:44	00:27:02 (27)	00:00:26	00:19:55 (67)	00:58:10
37	185	Dariusz	Skrocki	Velocity Poznań / Poznań	POL	1967	M50	3	36		00:08:31 (66)	00:01:00	00:28:04 (55)	00:00:50	00:19:55 (68)	00:58:20
38	190	Marek	Porada	Wójtowicz TRI Team / Poznań	POL	1963	M50	4	37		00:08:25 (62)	00:01:50	00:27:49 (46)	00:00:52	00:19:35 (58)	00:58:31
39	208	Maciej	Czechlewski	Biskupice Wlkp	POL	1987	M30	10	38		00:08:12 (52)	00:02:20	00:27:26 (35)	00:00:37	00:19:59 (70)	00:58:34
40	142	Maciej	Dymitrowski	IDMAR RACING TEAM - TRIATHLON DIVISION / Wolsztyn	POL	1985	M30	11	39		00:07:34 (28)	00:02:35	00:27:27 (36)	00:00:54	00:20:12 (77)	00:58:42
41	198	Artur	Zawisza	Zgrupka Team / Poznań	POL	1986	M30	12	40		00:09:07 (84)	00:02:38	00:27:49 (47)	00:00:54	00:18:27 (24)	00:58:55
42	216	Kacper	Grzelak	gryfino	POL	2001	M20	17	41		00:07:34 (29)	00:02:27	00:27:51 (49)	00:00:43	00:20:34 (86)	00:59:09
43	204	Mikołaj	Bąkowski	Bydgoszcz	POL	1977	M40	9	42		00:08:56 (77)	00:02:11	00:28:09 (58)	00:01:02	00:18:52 (35)	00:59:10
44	27	Michał	Chmielewski	Metzink / Poznań	POL	1982	M30	13	43		00:08:41 (72)	00:02:39	00:26:58 (26)	00:01:20	00:19:32 (57)	00:59:10
45	105	Arkadiusz	Wachowski	Białe Błota	POL	1997	M20	18	44		00:06:49 (18)	00:02:26	00:30:20 (94)	00:00:42	00:18:55 (36)	00:59:12
46	155	Paweł	Wysoczański	PCC SQUAD / Wołów	POL	1990	M20	19	45		00:08:28 (65)	00:02:41	00:28:33 (67)	00:00:32	00:19:07 (42)	00:59:21
47	73	Waldek	Konieczny	Dolsk	POL	1989	M20	20	46		00:10:22 (142)	00:02:00	00:29:06 (73)	00:00:40	00:17:28 (10)	00:59:36
48	124	Renata	Kozanecka	Cityzen_ / Poznań	POL	1975	K40	1		2	00:07:53 (39)	00:02:27	00:27:37 (41)	00:00:49	00:20:53 (95)	00:59:39
49	32	Mariusz	Nowak	Piątkowo na Biegowo / Poznań	POL	1989	M20	21	47		00:10:16 (138)	00:02:44	00:27:34 (40)	00:00:42	00:18:31 (28)	00:59:47
50	143	Bartosz	Główczyński	Iron Głowy / Szczecin	POL	1982	M30	14	48		00:08:01 (46)	00:02:46	00:27:14 (30)	00:01:07	00:20:59 (96)	01:00:07
51	218	Artur	Hozakowski	SADY	POL	1993	M20	22	49		00:09:20 (89)	00:02:49	00:28:10 (59)	00:00:34	00:19:17 (51)	01:00:10
52	138	Przemysław	Guss	Gabinet Psychologiczny Alicja Guss / Piła	POL	1966	M50	5	50		00:08:59 (79)	00:02:39	00:27:45 (43)	00:01:36	00:19:14 (49)	01:00:13
53	176	Jacek	Machnikowski	Tri Starogard Gdański / Starogard Gdański	POL	1977	M40	10	51		00:08:32 (70)	00:02:36	00:28:48 (69)	00:01:03	00:19:18 (52)	01:00:17
54	59	Marcin	Bentkowski	WitkowskiTeam / Prądocin	POL	1987	M30	15	52		00:08:13 (53)	00:02:43	00:27:55 (52)	00:01:05	00:20:37 (87)	01:00:33
55	44	Oskar	Każmierczak	RockRun Jarocin / Jarocin	POL	1991	M20	23	53		00:08:07 (49)	00:02:09	00:28:07 (57)	00:00:58	00:21:26 (104)	01:00:47
56	82	Tomasz	Miadziółko	Wieleń	POL	1981	M30	16	54		00:08:31 (67)	00:02:51	00:29:06 (74)	00:00:44	00:19:43 (61)	01:00:55
57	29	Hubert	Piotrowicz	Mocni w Gebie / Czempin	POL	1979	M30	17	55		00:10:38 (152)	00:01:55	00:27:50 (48)	00:00:52	00:19:51 (66)	01:01:06
58	222	Daniel	Jóźwiak	Poznań	POL	1980	M30	18	56		00:08:45 (74)	00:03:27	00:28:06 (56)	00:00:45	00:20:06 (75)	01:01:09
59	225	Piotr	Karman	Śrem	POL	1981	M30	19	57		00:09:54 (114)	00:02:48	00:28:54 (71)	00:00:30	00:19:08 (43)	01:01:14
60	106	Karol	Wachowski	Warszawa	POL	1976	M40	11	58		00:10:00 (121)	00:02:12	00:29:14 (76)	00:00:47	00:19:13 (48)	01:01:26
61	132	Agata	Madej	Fabryka Mazakow / Poznań	POL	1987	K30	1		3	00:09:21 (90)	00:02:30	00:27:52 (50)	00:00:54	00:21:03 (97)	01:01:40
62	169	Piotr	Szymański	Sokół Kleczew / Kleczew	POL	1976	M40	12	59		00:10:12 (133)	00:02:16	00:28:15 (61)	00:01:12	00:19:48 (64)	01:01:43
63	17	Wojciech	Otoci	Fabryka Triathlonu / Poznań	POL	1979	M30	20	60		00:07:40 (33)	00:02:34	00:30:29 (99)	00:00:51	00:20:31 (85)	01:02:05
64	159	Jacek	Swędrowski	PROGRESS DESIGN / Konin	POL	1977	M40	13	61		00:14:00 (208)	00:02:18	00:27:57 (53)	00:00:27	00:17:28 (11)	01:02:10
65	161	Wanda	Brewka	Radiowa Akademia Triathlonu / Pierwoszków	POL	1983	K30	2		4	00:10:27 (146)	00:02:32	00:28:31 (66)	00:00:58	00:19:48 (65)	01:02:16
66	257	Marcin	Kołoszuk	4 pplot / Leszno	POL	1988	M20	24	62		00:09:46 (108)	00:03:15	00:31:11 (109)	00:00:49	00:17:20 (9)	01:02:21
67	233	Artur	Marciniak	POZNAŃ	POL	1971	M40	14	63		00:10:07 (128)	00:03:09	00:28:22 (64)	00:01:12	00:19:31 (56)	01:02:21
68	62	Jan	Pietrzak	WUEF Tri Team / Złotniki	POL	1996	M20	25	64		00:05:31 (4)	00:03:36	00:27:32 (39)	00:01:11	00:24:32 (175)	01:02:22
69	194	Jarosław	Hojan	WZDW Poznań / Poznań	POL	1962	M50	6	65		00:09:54 (115)	00:03:16	00:27:30 (38)	00:01:13	00:20:45 (89)	01:02:38

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Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
70	5	Cezary	Józków	#NieBiegamBoLubie / Wrocław	POL	2001	M20	26	66		00:05:34 (7)	00:03:27	00:31:36 (118)	00:00:25	00:21:40 (108)	01:02:42
71	77	Grzegorz	Łukaszczuk	Rokietnica	POL	1982	M30	21	67		00:08:27 (64)	00:03:05	00:30:00 (86)	00:01:12	00:20:08 (76)	01:02:52
72	242	Bartosz	Szolek	Śrem	POL	1988	M20	27	68		00:07:55 (41)	00:02:39	00:32:40 (135)	00:00:40	00:19:08 (44)	01:03:02
73	252	Maciej	Zieliński	Bydgoszcz	POL	1988	M20	28	69		00:08:52 (75)	00:02:46	00:27:52 (51)	00:00:54	00:22:44 (134)	01:03:08
74	152	Piotr	Dziewiatkowski	meritumobuwie.pl / Poznań	POL	1967	M50	7	70		00:09:31 (97)	00:02:32	00:28:22 (65)	00:01:05	00:21:38 (107)	01:03:08
75	52	Adrian	Nowak	TETRIS Budownictwo / Gniezno	POL	1991	M20	29	71		00:07:08 (22)	00:01:54	00:31:13 (110)	00:00:28	00:22:31 (125)	01:03:14
76	40	Bartosz	Masłowiec	Radiowa Akademia Triathlonu / Wrocław	POL	1980	M30	22	72		00:09:52 (111)	00:03:06	00:28:44 (68)	00:00:44	00:20:49 (91)	01:03:15
77	164	Paweł	Kielbasa	Řadiowa Akademia Triathlonu / Strzegom	POL	1978	M30	23	73		00:12:50 (200)	00:02:21	00:28:15 (62)	00:00:48	00:19:01 (39)	01:03:15
78	232	Tomasz	Majchrzak	Śrem	POL	1979	M30	24	74		00:08:56 (78)	00:03:01	00:29:40 (79)	00:00:59	00:20:45 (90)	01:03:21
79	209	Dawid	Druszcz	Grzyszew	POL	1987	M30	25	75		00:10:27 (147)	00:03:18	00:29:20 (77)	00:00:39	00:19:44 (62)	01:03:28
80	207	Jakub	Chudziński	poznań	POL	1985	M30	26	76		00:09:09 (87)	00:02:21	00:27:48 (45)	00:01:28	00:22:43 (133)	01:03:29
81	135	Krzysztof	Mruęała	Fresh Pizza Team / Poznań	POL	1989	M20	30	77		00:08:33 (71)	00:03:45	00:30:26 (96)	00:00:50	00:19:57 (69)	01:03:31
82	36	Artur	Chojnacki	PROARTI.pl / Stare Miasto	POL	1979	M30	27	78		00:09:34 (98)	00:02:33	00:30:53 (107)	00:00:27	00:20:04 (73)	01:03:31
83	274	Kinga	Dzierbicka	Kotasport / Rybnik	POL	1997	K20	2		5	00:10:11 (131)	00:01:54	00:30:40 (102)	00:00:28	00:20:19 (80)	01:03:32
84	170	Malwina	Poprawiak	Superior Bike Team / Poznan	POL	1987	K30	3		6	00:07:03 (19)	00:02:52	00:33:20 (150)	00:00:52	00:19:28 (55)	01:03:35
85	86	Artur	Mydlarz	Krerowo	POL	1975	M40	15	79		00:11:49 (184)	00:02:32	00:31:35 (117)	00:00:44	00:17:39 (12)	01:04:19
86	3	Karol	Greber	#NieBiegamBoLubie / Wrocław	POL	1993	M20	31	80		00:12:28 (194)	00:02:56	00:29:00 (72)	00:00:56	00:19:24 (54)	01:04:44
87	130	Maciej	Putowski	eSesja.pl / Mosina	POL	1988	M20	32	81		00:07:06 (20)	00:02:40	00:30:41 (104)	00:00:46	00:23:47 (160)	01:05:00
88	154	Ewa	Susmarska	NO WOMEN NO TRI / Poznań	POL	1996	K20	3		7	00:08:07 (50)	00:02:25	00:33:03 (143)	00:00:33	00:20:52 (93)	01:05:00
89	226	Diana	Korzonek	60-369	POL	1980	K30	4		8	00:08:21 (60)	00:02:54	00:30:25 (95)	00:00:58	00:22:42 (131)	01:05:20
90	157	Dominika	Konowatów	Pobiedziska Racing Team / Jerzykowo	POL	1978	K30	5		9	00:10:58 (163)	00:01:22	00:28:14 (60)	00:00:46	00:24:06 (165)	01:05:26
91	47	Jacek	Wierziński	Shootboxer / Puszczykowo	POL	1988	M20	33	82		00:09:12 (88)	00:03:23	00:30:40 (103)	00:00:56	00:21:18 (101)	01:05:29
92	4	Artur	Greber	#NieBiegamBoLubie / Wrocław	POL	2001	M20	34	83		00:05:33 (6)	00:04:09	00:32:30 (131)	00:00:33	00:22:46 (135)	01:05:31
93	254	Sebastian	Korytowski	Motiv Home Team / Swarzędz	POL	1977	M40	16	84		00:09:21 (91)	00:03:19	00:31:46 (120)	00:01:14	00:20:02 (71)	01:05:42
94	85	Dariusz	Mroziewicz	Śrem	POL	1971	M40	17	85		00:08:43 (73)	00:04:35	00:28:20 (63)	00:01:34	00:22:30 (124)	01:05:42
95	46	Filip	Rybarczyk	rybki / Kórnik	POL	1984	M30	28	86		00:07:53 (40)	00:02:26	00:32:25 (129)	00:00:30	00:22:31 (126)	01:05:45
96	60	Radek	Skwarczynski	WitkowskiTeam / BYDGOSZCZ	POL	1989	M20	35	87		00:11:52 (185)	00:02:43	00:31:23 (113)	00:00:37	00:19:10 (45)	01:05:45
97	35	Krzysztof	Gorynia	Poznań / Poznań	POL	1974	M40	18	88		00:09:59 (120)	00:02:50	00:30:26 (97)	00:01:08	00:21:31 (105)	01:05:54
98	147	Dariusz	Szukała	Kibolski KS / Komorniki	POL	1980	M30	29	89		00:10:00 (122)	00:02:52	00:30:18 (92)	00:00:44	00:22:03 (112)	01:05:57
99	220	Olga	Janiszewska	Zgorzelec	POL	1973	K40	2		10	00:10:04 (126)	00:02:53	00:30:17 (91)	00:01:00	00:21:53 (110)	01:06:07
100	134	Marcin	Tymiński	Fit-Balance / Stajenczynki	POL	1984	M30	30	90		00:10:33 (150)	00:02:43	00:31:27 (115)	00:00:39	00:20:50 (92)	01:06:12
101	236	Zuzanna	Orchowska	Poznań	POL	1992	K20	4		11	00:07:55 (42)	00:02:38	00:35:48 (182)	00:00:51	00:19:12 (46)	01:06:24
102	150	Beata	Wiśniewska	Kuźnia Triathlonu / Komorniki	POL	1971	K40	3		12	00:09:41 (103)	00:02:49	00:29:10 (75)	00:00:49	00:24:08 (167)	01:06:37
103	20	Mateusz	Mańczak	KOKA / Poznań	POL	1982	M30	31	91		00:12:11 (192)	00:03:05	00:30:32 (100)	00:00:32	00:20:20 (82)	01:06:40
104	21	Marcin	Wasiak	Koło Kolejowa / Koło	POL	1973	M40	19	92		00:09:26 (94)	00:03:30	00:31:59 (122)	00:00:41	00:21:04 (99)	01:06:40
105	245	Tomasz	Walczak	Poznan	POL	1972	M40	20	93		00:09:53 (112)	00:03:05	00:29:51 (84)	00:00:28	00:23:29 (151)	01:06:46
106	250	Piotr	Wysmoliński	Osielsko	POL	1972	M40	21	94		00:10:38 (153)	00:02:58	00:33:35 (155)	00:00:39	00:19:06 (41)	01:06:56

## Wyniki

## 1/10 IM

Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
107	215	Maciej	Grolewski	PRZEŻMIEROWO	POL	1981	M30	32	95		00:10:04 (127)	00:03:21	00:31:38 (119)	00:00:34	00:21:31 (106)	01:07:08
108	72	Piotr	Janicki	Gniezno	POL	1984	M30	33	96		00:12:01 (190)	00:03:46	00:29:39 (78)	00:01:23	00:20:24 (83)	01:07:13
109	248	Przemysław	Wojciechowski	Poznań	POL	1991	M20	36	97		00:08:00 (45)	00:03:20	00:32:16 (125)	00:00:33	00:23:07 (141)	01:07:16
110	41	Agata	Szydło	Radiowa Akademia Triathlonu / Wisznia Mała	POL	1969	K40	4		13	00:08:31 (68)	00:02:58	00:30:06 (88)	00:01:02	00:24:40 (177)	01:07:17
111	93	Ryszard	Smolarek	Szczyrk	POL	1990	M20	37	98		00:08:16 (56)	00:03:13	00:34:21 (167)	00:00:38	00:20:52 (94)	01:07:20
112	76	Zuzanna	Lewandowska	Kórnik	POL	1992	K20	5		14	00:08:25 (63)	00:02:15	00:34:59 (175)	00:00:31	00:21:12 (100)	01:07:22
113	140	Anna	Molęda	GT RAT / Wrocław	POL	1982	K30	6		15	00:09:53 (113)	00:03:11	00:30:08 (90)	00:00:45	00:23:30 (152)	01:07:27
114	247	Wojciech	Wiśniewski	Góra	POL	1953	M60+	1	99		00:11:00 (164)	00:03:35	00:30:34 (101)	00:00:46	00:21:55 (111)	01:07:50
115	272	Zdzisław	Krajewski	Kotasport / Rubnik	POL	1990	M20	38	100		00:09:34 (99)	00:03:28	00:30:07 (89)	00:02:06	00:22:36 (129)	01:07:51
116	273	Marcin	Biewiaszewski	Kotasport / Brzeg	POL	1987	M30	34	101		00:09:02 (80)	00:02:48	00:31:17 (111)	00:02:20	00:22:25 (122)	01:07:52
117	219	Maciej	Jablonski	Zgierz	POL	1987	M30	35	102		00:10:01 (123)	00:03:07	00:30:00 (87)	00:01:11	00:23:38 (156)	01:07:57
118	210	Paulina	Dudzińska	Poznań	POL	1992	K20	6		16	00:10:13 (134)	00:03:01	00:33:46 (158)	00:00:31	00:20:30 (84)	01:08:01
119	213	Tomasz	Gałczyński	Poznań	POL	1983	M30	36	103		00:09:44 (107)	00:03:23	00:29:41 (80)	00:01:43	00:23:36 (155)	01:08:07
120	237	Tomasz Marcin	Pińkowski	Poznań	POL	1980	M30	37	104		00:10:44 (158)	00:03:10	00:29:45 (83)	00:00:33	00:24:05 (164)	01:08:17
121	191	Natalia	Siczarz	Wójtowicz TRI Team / Night Runners / Poznań	POL	1984	K30	7		17	00:10:26 (145)	00:02:34	00:32:14 (123)	00:00:42	00:22:22 (119)	01:08:18
122	234	Jan	Molicki	Poznań	POL	1983	M30	38	105		00:09:28 (95)	00:02:48	00:32:23 (127)	00:00:39	00:23:03 (139)	01:08:21
123	116	Małgorzata	Putowska	AF MOSINA TEAM / Mosina	POL	1962	K50+	1		18	00:08:19 (58)	00:03:42	00:34:01 (162)	00:01:20	00:21:03 (98)	01:08:25
124	179	Maria	Martynowicz	Trispace / Brzoza	POL	1972	K40	5		19	00:11:20 (172)	00:02:30	00:30:52 (106)	00:01:34	00:22:13 (116)	01:08:29
125	96	Katarzyna	Sojciechowska	warszawa	POL	1987	K30	8		20	00:09:37 (100)	00:02:21	00:32:31 (132)	00:01:00	00:23:13 (146)	01:08:42
126	11	Anna	Bieniecka	Biniols Team / Gąsawy	POL	1982	K30	9		21	00:09:42 (104)	00:02:31	00:33:29 (152)	00:00:39	00:22:27 (123)	01:08:48
127	8	Beata	Grzegorowski	Bajkolandia / Leszno	POL	1977	K40	6		22	00:10:11 (132)	00:02:21	00:32:48 (137)	00:00:52	00:22:42 (132)	01:08:54
128	244	Beata	Szturowska	Poznań	POL	1994	K20	7		23	00:09:55 (117)	00:02:51	00:28:50 (70)	00:00:42	00:26:36 (193)	01:08:54
129	241	Anna	Szczucińska	Poznań	POL	1979	K30	10		24	00:09:05 (83)	00:02:35	00:32:51 (138)	00:01:00	00:23:31 (153)	01:09:02
130	128	Daniel	Mielczarek	Diagnostyka / Karnin	POL	1979	M30	39	106		00:09:42 (105)	00:02:34	00:32:28 (130)	00:01:12	00:23:08 (143)	01:09:04
131	66	Sebastian	Czubek	Lubliniec	POL	1982	M30	40	107		00:07:12 (23)	00:04:51	00:36:22 (190)	00:00:39	00:20:17 (79)	01:09:21
132	109	Przemysław	Wrzeszcz	KÓRNIK-BNIN	POL	1974	M40	22	108		00:11:26 (173)	00:03:33	00:33:22 (151)	00:01:20	00:19:40 (60)	01:09:21
133	181	Karolina	Pietrzak	UKS CITYZEN_BE3 / NO WOMEN NO TRI / Poznań	POL	1971	K40	7		25	00:14:20 (213)	00:02:40	00:29:52 (85)	00:00:56	00:21:40 (109)	01:09:28
134	79	Roman	Marciniak	Czerwonak	POL	1976	M40	23	109		00:11:17 (171)	00:04:41	00:32:20 (126)	00:01:13	00:20:03 (72)	01:09:34
135	45	Marek	Grześ	runner's power / Śrem	POL	1958	M50	8	110		00:11:02 (167)	00:03:28	00:31:23 (114)	00:01:21	00:22:48 (136)	01:10:02
136	211	Marcin	Fabisiak	gniezno	POL	1977	M40	24	111		00:10:22 (143)	00:03:01	00:32:32 (133)	00:01:04	00:23:08 (144)	01:10:07
137	119	Monika	Stefaniak	Arena Ruchu / Poznań	POL	1976	K40	8		26	00:09:54 (116)	00:02:56	00:33:19 (147)	00:00:38	00:23:38 (157)	01:10:25
138	137	Paweł	Śledziński	FTI Racing Team Triathlon / Poznań	POL	1984	M30	41	112		00:09:04 (82)	00:02:39	00:31:53 (121)	00:01:14	00:25:37 (186)	01:10:27
139	19	Monika	Byrdak	GT RAT / Wrocław	POL	1988	K20	8		27	00:09:23 (92)	00:03:11	00:30:28 (98)	00:00:46	00:26:51 (195)	01:10:39
140	113	Paweł	Gutowski	----- / Kazimierz Biskupi	POL	1970	M40	25	113		00:11:04 (168)	00:03:00	00:33:19 (148)	00:00:48	00:22:31 (127)	01:10:42
141	160	Krzysztof	Łuczak	Proxi.cloud / Poznań	POL	1988	M20	39	114		00:08:17 (57)	00:03:38	00:31:18 (112)	00:01:05	00:26:28 (191)	01:10:46
142	112	Sławomir	Żak	Gniezno	POL	1984	M30	42	115		00:15:01 (217)	00:02:26	00:32:32 (134)	00:00:29	00:20:19 (81)	01:10:47

Kórnik Triathlon 2017 (1/10 IM)

Organizator: Firma KOTAS PAWEŁ KOTAS

Dystans: 1/10 IM (0,38/17/4,2) i 1/4 IM (0,95/45/10,5)

Kórnik, 2017-08-13

# Wyniki

1/10 IM



Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
143	243	Dorota	Szturemska	Poznań	POL	1987	K30	11		28	00:10:15 (137)	00:03:12	00:29:44 (82)	00:00:48	00:26:52 (196)	01:10:51
144	94	Damian	Sobótko	Murowana Goślina	POL	1988	M20	40	116		00:11:32 (174)	00:04:12	00:35:37 (180)	00:01:20	00:18:11 (19)	01:10:52
145	260	Piotr	Janik	Łódź	POL	1976	M40	26	117		00:08:31 (69)	00:04:41	00:33:39 (156)	00:00:41	00:23:21 (149)	01:10:53
146	235	Sebastian	Nowak	Poznań	POL	1986	M30	43	118		00:09:37 (101)	00:03:35	00:34:43 (173)	00:00:38	00:22:21 (118)	01:10:54
147	114	Maria	Gutowska	----- / Kazimierz Biskupi	POL	1970	K40	9		29	00:11:36 (176)	00:03:14	00:33:02 (142)	00:00:39	00:22:24 (120)	01:10:55
148	206	Wojciech	Chojnicki	Poznań	POL	1989	M20	41	119		00:10:41 (156)	00:03:35	00:30:19 (93)	00:01:27	00:25:05 (180)	01:11:07
149	88	Łukasz	Ochła	SWARZĘDZ	POL	1977	M40	27	120		00:09:08 (86)	00:03:34	00:35:03 (177)	00:01:17	00:22:07 (113)	01:11:09
150	53	Łukasz	Solarski	TiH Solarscy / Bydgoszcz	POL	1990	M20	42	121		00:11:52 (186)	00:02:46	00:33:15 (144)	00:00:27	00:23:16 (148)	01:11:36
151	189	Tymoteusz	Fleiszar	Wójtowicz TRI Team / Gruszczyn-Poland	POL	1974	M40	28	122		00:09:48 (109)	00:02:53	00:34:25 (170)	00:01:59	00:22:33 (128)	01:11:38
152	168	Remigiusz	Zieliński	SHOOTBOXER MOSINA / Mosina	POL	1986	M30	44	123		00:11:01 (166)	00:04:09	00:31:07 (108)	00:01:11	00:24:15 (169)	01:11:43
153	256	Aleksandra	Cupryś-Smolak	biegamyrazem.pl / Gdynia	POL	1986	K30	12		30	00:10:18 (141)	00:03:34	00:33:15 (145)	00:01:20	00:23:23 (150)	01:11:50
154	148	Marek	Schwarz	KLAS Szpot Swarzędz / Swarzędz	POL	1985	M30	45	124		00:10:24 (144)	00:03:08	00:33:47 (160)	00:01:24	00:23:09 (145)	01:11:52
155	84	Maciej	Morawski	Bydgoszcz	POL	1984	M30	46	125		00:14:05 (211)	00:03:36	00:33:01 (141)	00:00:36	00:20:39 (88)	01:11:57
156	205	Marcin	Budzyński	Gniezno	POL	1993	M20	43	126		00:10:14 (136)	00:03:14	00:35:54 (186)	00:00:32	00:22:09 (114)	01:12:03
157	48	Maciej	Płatek	SPINKO LESZNO / Leszno	POL	1980	M30	47	127		00:11:48 (182)	00:02:29	00:30:46 (105)	00:01:47	00:25:20 (182)	01:12:10
158	212	Przemysław	Frątczak	Poznań	POL	1983	M30	48	128		00:11:44 (179)	00:04:03	00:34:04 (163)	00:01:02	00:21:23 (103)	01:12:16
159	78	Adam	Mańczak	Poznań	POL	1991	M20	44	129		00:09:37 (102)	00:03:07	00:34:22 (169)	00:00:50	00:24:21 (172)	01:12:17
160	221	Jarosław	Jarych	Czapury	POL	1972	M40	29	130		00:09:50 (110)	00:03:15	00:32:57 (139)	00:00:42	00:25:34 (184)	01:12:18
161	186	Katarzyna	Łazarowicz	Velocity warsztat treningu / Poznań	POL	1973	K40	10		31	00:12:34 (196)	00:03:29	00:31:32 (116)	00:01:06	00:23:53 (161)	01:12:34
162	68	Małgorzata	Dzięgielewska-Streubel	Poznań	POL	1980	K30	13		32	00:10:56 (161)	00:02:58	00:34:15 (166)	00:01:22	00:23:07 (142)	01:12:38
163	145	Grzegorz	Płotka	jestSiła?Siłajest! / Koszalin	POL	1982	M30	49	131		00:10:09 (130)	00:02:58	00:34:06 (165)	00:01:16	00:24:15 (170)	01:12:44
164	255	Adam	Smolak	biegamyrazem.pl / Gdynia	POL	1981	M30	50	132		00:11:39 (178)	00:03:35	00:33:34 (154)	00:01:16	00:22:51 (138)	01:12:55
165	101	Jakub	Szwajorek	Poznań	POL	1984	M30	51	133		00:07:57 (43)	00:03:34	00:32:47 (136)	00:01:17	00:27:27 (201)	01:13:02
166	51	Tomasz	Wasiak	Tata Kuby i Patryka / Poznań	POL	1971	M40	30	134		00:10:01 (124)	00:02:58	00:35:17 (178)	00:00:42	00:24:44 (179)	01:13:42
167	61	Monika	Kucharczyk	Wójtowicz TRI Team / Poznań	POL	1976	K40	11		33	00:10:37 (151)	00:03:21	00:36:47 (193)	00:00:40	00:22:20 (117)	01:13:45
168	10	Mirosław	Kaminski	Bajkolandia / Wilkowice	POL	1970	M40	31	135		00:10:16 (139)	00:03:36	00:35:00 (176)	00:00:51	00:24:04 (163)	01:13:47
169	14	Mateusz	Jasiński	Giżycko	POL	1987	M30	52	136		00:14:00 (209)	00:04:10	00:34:05 (164)	00:00:33	00:21:21 (102)	01:14:09
170	75	Marek	Kuziów	Rokietnica	POL	1981	M30	53	137		00:12:04 (191)	00:04:21	00:33:54 (161)	00:00:44	00:23:31 (154)	01:14:34
171	100	Wojciech	Szlachcic	Poznań	POL	1986	M30	54	138		00:08:24 (61)	00:03:17	00:39:10 (205)	00:00:42	00:23:04 (140)	01:14:37
172	1	Ewa	Janiak	1988 / Poznań	POL	1988	K20	9		34	00:10:17 (140)	00:03:00	00:37:45 (200)	00:00:29	00:23:15 (147)	01:14:46
173	2	Maciej	Staškowiak	2006 / Poznań	POL	1979	M30	55	139		00:09:25 (93)	00:03:30	00:42:50 (217)	00:00:43	00:18:21 (20)	01:14:49
174	87	Jakub	Nowak	Kościan	POL	1999	M20	45	140		00:12:57 (202)	00:03:53	00:35:37 (181)	00:00:37	00:22:10 (115)	01:15:14
175	95	Joanna	Socha	Gorzów Wielkopolski	POL	1996	K20	10		35	00:11:09 (170)	00:02:52	00:36:57 (195)	00:00:32	00:23:46 (159)	01:15:16
176	104	Marcin	Trojanowski	Jawor	POL	1989	M20	46	141		00:10:13 (135)	00:02:52	00:38:15 (201)	00:01:11	00:22:48 (137)	01:15:19
177	55	Grzegorz	Puckowski	Tri Starogard Gdański / Starogard Gdański	POL	1984	M30	56	142		00:11:56 (187)	00:03:11	00:36:19 (189)	00:00:35	00:23:39 (158)	01:15:40
178	175	Karolina	Michalek	Toruński Klub Triathlonowy / Ciecchocin	POL	1976	K40	12		36	00:12:28 (195)	00:03:11	00:34:56 (174)	00:01:19	00:23:59 (162)	01:15:53
179	173	Heniu	Juchniewicz	TOJAH / Stargard	POL	1962	M50	9	143		00:10:55 (160)	00:03:36	00:29:43 (81)	00:01:36	00:30:28 (216)	01:16:18



# Wyniki

## 1/10 IM

Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
180	259	Julia	Wróbel	Wrocław	POL	1994	K20	11		37	00:15:43 (219)	00:02:27	00:34:38 (172)	00:00:53	00:22:41 (130)	01:16:22
181	162	Andrzej	Nowak	Radiowa Akademia Triathlonu / Wrocław	POL	1982	M30	57	144		00:08:20 (59)	00:02:26	00:44:59 (219)	00:01:36	00:19:12 (47)	01:16:33
182	56	Paweł	Wałkowiak	Wałkołajak Team / Borowo-Młyn	POL	1970	M40	32	145		00:12:27 (193)	00:03:49	00:33:19 (149)	00:01:20	00:25:49 (188)	01:16:44
183	146	Monika	Ziółkowska	Kamionki / Kamionki	POL	1988	K20	12		38	00:09:58 (119)	00:04:28	00:33:40 (157)	00:01:09	00:28:05 (206)	01:17:20
184	16	Sylwia	Dębczyńska	Enduhub.com / Dębogóra	POL	1979	K30	14		39	00:13:13 (205)	00:03:41	00:35:23 (179)	00:00:58	00:24:08 (168)	01:17:23
185	251	Adam	Wysoczański	Wołów	POL	1993	M20	47	146		00:11:00 (165)	00:03:46	00:32:59 (140)	00:00:51	00:29:08 (212)	01:17:44
186	133	Agnieszka	Tymińska	Fit-Balance / Stajenczynki	POL	1982	K30	15		40	00:10:31 (148)	00:03:08	00:37:18 (196)	00:00:41	00:26:12 (189)	01:17:50
187	224	Szymon	Kaczmarek	kornik	POL	1975	M40	33	147		00:10:07 (129)	00:03:42	00:35:49 (184)	00:00:46	00:27:26 (200)	01:17:50
188	57	Justyna	Wałkowiak	Wałkołajak Team / Borowo-Młyn	POL	1997	K20	13		41	00:13:52 (206)	00:04:11	00:34:21 (168)	00:00:47	00:25:17 (181)	01:18:28
189	34	Jarosław	Tomaszewski	POZNAN / Poznań	POL	1969	M40	34	148		00:10:01 (125)	00:04:33	00:33:30 (153)	00:01:45	00:28:45 (210)	01:18:34
190	70	Norbert	Gózdź	Dachowa	POL	1971	M40	35	149		00:09:29 (96)	00:03:04	00:35:49 (185)	00:00:39	00:29:43 (214)	01:18:44
191	97	Szymon	Sójka	Toruń	POL	1984	M30	58	150		00:10:38 (154)	00:03:32	00:37:36 (199)	00:00:42	00:26:26 (190)	01:18:54
192	192	Alicja	Cichoń	WójtowiczTriTeam / Poznań	POL	1987	K30	16		42	00:17:55 (221)	00:01:43	00:33:46 (159)	00:01:32	00:24:27 (173)	01:19:23
193	64	Natalia	Partyka	ZICO RACING SPEED TEAM / Poznań	POL	1982	K30	17		43	00:10:57 (162)	00:04:14	00:38:56 (203)	00:00:40	00:24:39 (176)	01:19:26
194	67	Artur	Drózd	Warszawa	POL	1976	M40	36	151		00:11:37 (177)	00:04:04	00:36:13 (187)	00:00:36	00:27:05 (198)	01:19:35
195	149	Adam	Kotas	Kotasport / Rybnik	POL	1963	M50	10	152		00:09:42 (106)	00:02:45	00:32:24 (128)	00:01:44	00:33:24 (220)	01:19:59
196	24	Joanna	Przybyłek	Mamy-Biegamy / Kórnik	POL	1984	K30	18		44	00:10:43 (157)	00:03:47	00:36:45 (192)	00:00:41	00:28:23 (208)	01:20:19
197	63	Jarosław	Nowacki	Zgrupka Team / Poznań	POL	1969	M40	37	153		00:12:50 (201)	00:04:33	00:33:18 (146)	00:00:53	00:29:01 (211)	01:20:35
198	258	Joanna	Kasperczyk	xxx / Kalsk	POL	1982	K30	19		45	00:12:38 (197)	00:03:45	00:36:26 (191)	00:01:15	00:26:42 (194)	01:20:46
199	110	Alicja	Zakaszewska	Góra	POL	1971	K40	13		46	00:13:58 (207)	00:03:58	00:39:34 (208)	00:01:06	00:22:24 (121)	01:21:00
200	203	Julia	Arnista	Lubicz Gorny	POL	1979	K30	20		47	00:10:54 (159)	00:04:32	00:39:13 (206)	00:01:21	00:25:30 (183)	01:21:30
201	231	Przemysław	Łakomiak	Mrowino	POL	1977	M40	38	154		00:14:47 (216)	00:03:38	00:38:43 (202)	00:00:41	00:24:07 (166)	01:21:56
202	166	Karolina	Korzelecka	RunningTeam Milicz / Milicz	POL	1983	K30	21		48	00:09:55 (118)	00:02:14	00:42:48 (216)	00:01:25	00:25:36 (185)	01:21:58
203	118	Jacek	Gordon	ALUGrup / Ostrów Wielkopolski	POL	1960	M50	11	155		00:11:46 (181)	00:03:34	00:32:14 (124)	00:01:16	00:33:26 (221)	01:22:16
204	108	Beata	Wisniewska	Gora	POL	1957	K50+	2		49	00:18:08 (222)	00:03:36	00:35:48 (183)	00:00:57	00:24:40 (178)	01:23:09
205	92	Anetta	Płatek	Poznań	POL	1991	K20	14		50	00:14:21 (214)	00:02:35	00:41:17 (214)	00:00:38	00:24:28 (174)	01:23:19
206	12	Magdalena	Si Hocine	ChampionMan Team / Czempin	POL	1978	K30	22		51	00:12:40 (198)	00:03:50	00:34:30 (171)	00:01:30	00:30:49 (217)	01:23:19
207	54	Agata	Pęcherska	Toruński Klub Triathlonowy / Cieclocin	POL	2001	K20	15		52	00:12:40 (199)	00:03:53	00:40:05 (209)	00:01:03	00:25:41 (187)	01:23:22
208	74	Waldemar	Krawczyk	Ostrów Wielkopolski	POL	1966	M50	12	156		00:14:28 (215)	00:04:40	00:36:17 (188)	00:00:34	00:27:27 (202)	01:23:26
209	111	Violetta	Zwierz	Biadki	POL	1967	K50+	3		53	00:13:01 (203)	00:05:08	00:36:51 (194)	00:00:50	00:27:36 (203)	01:23:26
210	98	Aga	Sójka	Toruń	POL	1982	K30	23		54	00:16:25 (220)	00:02:57	00:40:28 (212)	00:00:46	00:24:17 (171)	01:24:53
211	103	Ewa	Szymczyk	Kraków	POL	1986	K30	24		55	00:11:58 (189)	00:04:51	00:40:20 (211)	00:01:21	00:26:34 (192)	01:25:04
212	81	Tomek	Mazurkiewicz	Poznań	POL	1982	M30	59	157		00:10:31 (149)	00:04:32	00:43:04 (218)	00:01:01	00:28:37 (209)	01:27:45
213	23	Katarzyna	Pawlak	Mamy-Biegamy / Luboń	POL	1980	K30	25		56	00:14:05 (212)	00:04:26	00:40:15 (210)	00:00:49	00:28:16 (207)	01:27:51
214	80	Dominik	Matuk	Kórnik	POL	1977	M40	39	158		00:11:57 (188)	00:03:43	00:41:30 (215)	00:00:49	00:30:59 (218)	01:28:58
215	26	Patrycja	Jaroniec	MBC TEAM / Mościenica	POL	1984	K30	26		57	00:15:18 (218)	00:03:27	00:41:10 (213)	00:00:43	00:29:38 (213)	01:30:16
216	228	Adam	Kotkiewicz	Głogów	POL	1987	M30	60	159		00:11:48 (183)	00:04:05	00:39:07 (204)	00:01:26	00:34:09 (222)	01:30:35

Kórnik Triathlon 2017 (1/10 IM)

Organizator: Firma KOTAS PAWEŁ KOTAS

Dystans: 1/10 IM (0,38/17/4,2) i 1/4 IM (0,95/45/10,5)

Kórnik, 2017-08-13

## Wyniki

1/10 IM



Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
217	18	Marta	Krzanowski	GJ Squad / Sydney	POL	1995	K20	16		58	00:11:35 (175)	00:04:05	00:46:27 (220)	00:01:03	00:29:58 (215)	01:33:08
218	107	Franciszek	Wawrzak	Toruń	POL	1987	M30	61	160		00:14:00 (210)	00:04:10	00:47:08 (221)	00:00:45	00:27:18 (199)	01:33:21
219	139	Małgorzata	Kostecka	gosiacekk21@o2.pl / Swarzędz	POL	1984	K30	27		59	00:21:53 (223)	00:04:08	00:39:13 (207)	00:01:19	00:27:01 (197)	01:33:34
220	69	Ewa	Gawrońska-Wisła	Poznań	POL	1982	K30	28		60	00:25:59 (224)	00:05:02	00:37:18 (197)	00:01:43	00:27:39 (204)	01:37:41
221	246	Piotr	Wisła	Poznań	POL	1981	M30	62	161		00:25:59 (225)	00:05:01	00:37:19 (198)	00:01:42	00:27:43 (205)	01:37:44
222	49	Barbara	Tarakanow	STANMA.PL / Wrocław	POL	1972	K40	14		61	00:11:07 (169)	00:03:49	00:50:43 (222)	00:01:08	00:33:17 (219)	01:40:04
DNF	43	Tomasz	Wikło	ReklamowyGadzet.pl / Poznań	POL	1990	M20				00:11:45 (180)	00:10:06				
DNF	99	Jagoda	Szabelska	Rogalin	POL	1995	K20									
DNF	9	Dariusz	Grzegorowski	Bajkolandia / Leszno	POL	1976	M40				00:10:39 (155)	00:05:39				
DNF	25	Mateusz	Marcinkowski	Mat-Mar / Mosina	POL	1986	M30				00:13:07 (204)	00:07:05				

RAZEM: 226